

## **Measuring Success** Baseline System Performance of Health Links

HSPRN Symposium December 2<sup>nd</sup>, 2014 Dr. Seija Kromm & Luke Mondor, MSc

Leveraging the culture of performance excellence in health systems





- I. Applied Health Research Question (AHRQ)
- II. Approach
- III. Findings to date
- IV. Discussion



# What 'value' do Health Links add to the healthcare system?

 <u>Goal of current work</u>: To conduct empirical analysis to assess the performance of Health Links on measurable indicators using health administrative data held at the Institute for Clinical Evaluative Sciences (ICES)

# **Approach: Indicator Selection**



	LOWER GROWTH IN HEALTHCARE COSTS Indicator	Admin data definition
1	Average (annual) government costs	HSPRN/ ICES
2	Average government costs per month alive	HSPRN/ ICES
3	Percent (annual) change in cost	HSPRN/ ICES

	BETTER CARE FOR INDIVIDUALS Indicator	Admin data definition		
4	Acute hospitalization rate	APHEO		
5	Acute hosp. days (average length of stay)	HSPRN/ ICES		
6	Alternative level of care (ALC) days	MOH-LTC RIS		
7	Readmissions within 30days for selected CMGs	MOH-LTC RIS		
8	Mental health & addictions hosp. rate	СІНІ		
9	Ambulatory Care Sensitive Conditions (ACSC) hosp. rate	MOH-LTC RIS		
10	ACSC days (average LOS)	HSPRN/ ICES		

# **Approach: Indicator Selection**



	BETTER CARE FOR INDIVIDUALS (continued) Indicator	Admin data definition
<b>11</b> - 12	Primary care follow-up within 7days discharge for selected CMGs: all individuals; rostered individuals	MOH-LTC RIS
13	Medication reconciliation within 14days of hospital discharge for selected CMGs	HSPRN/ ICES
14- 16	ED Visit Rate: all; urgent; low acuity	HSPRN/ ICES
17	Avoidable ED visits for patients with conditions best managed elsewhere	MOH-LTC RIS
18	Proportion of individuals rostered to primary care physician	HSPRN/ ICES
19	Appropriate care for diabetes (HbA1c, LDL-C, eye exams)	HSPRN/ICES
20	New LTC admissions with a high/very high MAPLe score	HSPRN/ICES
21- 22	Health related quality of life: Home care and LTC clients	HSPRN/ ICES
	BETTER CARE FOR POPULATIONS Indicator	Admin data definition
	TO BE DETERMINED	



- Six population level indicators:
  - 1. Average monthly per capita cost (age/sex std)
  - 2. Acute hospitalization rate/100,000 (age/sex std)
  - 3. ED visit (low acuity)/100,000 (age/sex std)
  - 4. Readmission rate/100,000 (for 25 CMG, risk adjusted)
  - 5. Individuals with PC follow-up within 7 days acute discharge (%)
  - Proportion of individuals rostered to PC MD (age/sex std)

# **Approach: Administrative Data**



- Study period: FY2012
- Study population: ON residents as of Apr1,2012
- 3 cohorts of interest:
  - All Ontarians
  - High cost users: Top 5% of healthcare cost users in previous year
  - Individuals living with multi-morbidities (2 or more, of 16 chronic conditions)
- Assign individuals to a Health Link (n=54)
- Through postal code of: 1. Physician an individual is rostered to (71.5%)
  - 2. Usual provider of primary care (18.7%)
  - Home residence (9.8%) 3

## **Approach: Compared to What?**



- 1. Provincial averages
- Comparable Health Links: urban, rural, suburban categories<sup>1</sup>
- 3. Informal Physician Networks: PHYSNETs<sup>2</sup> (n=78)

1 Kralj, B. (2009) Measuring Rurality – RIO 2008\_BASIC: Methodology and Results. RIO Review Working Group. OMA Economics Dept. 2 Stukel, TA; Glazier, RH, Schultz, SE; Guan, J; Zagorski, BM; Gozdyra, P; and Henry, DA (2013) Multispecialty physician networks in Ontario. Open Medicine, 7(2): e40.



# Findings to date



		Full C	ohort	Тор 5%				
	Ontario	Early HL	Other HL	No HL	Ontario	Early HL	Other HL	No HL
Total Pop. (N)	13,727,824	4,224,381	4,718,210	4,785,233	686,392	212,661	237,545	236,186
Male (%)	49.2	49.0	49.2	49.4	43.9	44.5	43.5	43.7
Age (median)	39	40	39	40	66	66	66	67
Enrolled in PC model	71.4%	71.9%	73.5%	69.0%	78.4%	77.9%	78.9%	78.4%
Resides in LTC	0.6%	0.6%	0.7%	0.6%	12.4%	11.9%	12.8%	12.4%
2+ chronic conditions	26.6%	26.4%	26.7%	26.8%	80.0%	79.2%	79.8%	80.8%
Median total cost 1 yr prior	\$375	\$381	\$375	\$352	\$16,760	\$16,713	\$16,760	\$16,674

## **Pockets of Performance**

Le



	H = Significantl	ly highe	L = Significantly	y lowe	r at 5%		Better than ave	rage	Worse than average	* = Bot	ttom 10%	
HEALTH LINK	Avg Std Monthly Cost (\$/person)		Std Rate Acute Hospitalization (/100,000)		Std Rate ED Visit: Low Acuity (/100,000)		Risk-adj. Estimate (%) CMG Readmission Rate		Crude Estimate Proportion All Individuals PC Follow- Up W/IN 7 days Acute Discharge (%)		Std Proportion Rostered to PC Physician (%)	
All ON Cohort Ave	164		5,586		16,123		15.1		32.3		71.4	
NOT ASSIGNED	159	L	5,526	L	16,997	н	14.9		30.3	L	67.5	L
A1	145	L	4,574	L	7,997	L	14.9		35.2	н	68.5	L
A2	170	н	5,969	н	14,747	L	15.8		40.4	н	79.1	н
A3	150	L	4,889	L	8,067	L	14.6		39.3	н	66.7	L
B1	179	н	6,103	н	22,745	н	15.0		27.4	L	76.6	н
<b>C1</b>	157	L	5,555		11,464	L	12.8		41.8	н	74.9	н
C2	150	L	5,614		7,323	L	14.8		42.1	н	68.9	L
C3	154	L	5,657		8,105	L	15.2		41.5	н	73.6	н
C4	165	н	6,550	н	20,169	н	13.0		27.1	L	80.8	н
C5	157	L	5,700	н	7,345	L	16.6	* н	39.9	н	66.2	L
D1	152	L	5,007	L	16,157		14.1		31.0		73.5	н
D2	182	н	6,053	н	32,696	н	14.6		33.6		78.7	н
D3	188	н	6,401	н	60,804	• н	12.2		28.7		64.8	L
D4	164	н	5,876	н	16,526	н	15.4		31.4		80.4	н
E1	193	н	6,659	н	28,793	н	13.7		29.0		80.3	н
F1	179	н	6,669	н	15,832	L	16.2		30.1		78.0	н
F2	156	L	5,368	L	10,227	L	15.2		35.9	н	80.8	н
F3	185	н	6,533	н	38,379	н	14.3		33.4		81.9	н
F4	202	* н	6,555	н	16,063		16.3	н	25.9	L	72.2	н
F5	187	н	6,131	н	16,394	н	14.8		25.4	L	75.3	н
F6	182	н	5,751	н	14,225	L	15.3		28.9	L	80.5	н
F7	178	н	6,203	н	14,954	L	15.0		37.6	н	72.3	н
F8	159	L	5,870	н	19,384	н	15.4		42.2	н	84.5	н

# Avg Cost, Hospitalizations, ED Visits

health system performance research network



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C3

**Full Cohort** 

**Readmission Rate** 

10.0

5.0

0.0 г

C1

C2





10.0

5.0

0.0

C1

C3

C4

health system performance

H2

**Top 5%** 

# Primary Care Follow-up & Rostering



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# **Rural/Suburban/Urban**



		Physician			
	Early Adopter	er Later Adopter Total		Networks	
Rural (RIO≥40)	6	5	11	11	
Suburban (10≤RIO<40)	8	17	25	23	
Urban (RIO<10)	8	10	18	44	
Total	22	32	54	78	

• Similar rural and suburban

• Fewer urban HL than urban PN

## **Comparison of Performance**

#### **Aggregate Z-score formula:**

- $Z_i$  = indicator 'i', below average is better
- $Z_j$  = indicator 'j', above average is better
- $x_{\rm k}$  = Health Link k's performance
- $\mu$  = mean
- $\sigma$  = standard deviation

$$Z_{j} = \frac{x_{k} - \mu_{j}}{\sigma_{j}}$$
$$Z - score_{total} = \sum_{j} (-1)Z_{i} + Z_{j}$$

 $Z_i = \frac{x_k - \mu_i}{\sigma_i}$ 



# **Comparison of Performance**



Compared to cohort provincial average:

- Q1 = Top 5% better, all ON worse
- Q2 = Both cohorts better
- Q3 = All ON better, top 5% worse
- Q4 = Worse in both cohorts



## Health Links & Physician Networks

- PNs describe actual current patient care patterns, HL are geographically bounded.
- Overlap of Ontarians associated with HL & PN:
  - Overlap up to 80%
  - More than one PN can overlap with a HL.
  - HLs overlapped with between 1 and 6 PNs.
  - Number of Ontarians in overlapping "areas" range from 7031 to 422,003
- ACO-type population definition: HL or PNs?



Overlapping

**Ontarians** 



# Limitations



### Currently cannot:

- Identify which individuals are actually receiving HL services.
- Identify which physicians are associated with each HL and providing HL services.
- Examine overlap between PN and HL in terms of physicians providing healthcare services.





- Health Links vary in their performance on indicators used to measure the value they create.
- 'Pockets' of high performance and low performance.
  Even differences between HLs within the same LHIN
- Rural/suburban/urban:
  - Urban doing well compared to provincial average.
  - R/S/U perform differently when comparing the 2 cohorts:
    - Urban better with Full Cohort,
    - Rural and suburban better in their Top 5% Cohorts.





- Rate ratios to compare HL and PN
- Population level indicators
  BMI, tobacco use, physical activity
- Comparison of HL over time