







HSPN - IFIC Canada - Emerald Webinar

### How should we be evaluating integrated care?

June 22, 2021 - 12pm EDT

@infoHSPN

#IFICCanada

#NACIC2021

### Welcome & thank you for joining us!

Please let us know who you are by introducing yourself

(name & location)

to all panelists and attendees

in the chat box



### Land acknowledgement

We wish to acknowledge this land on which the University of Toronto operates. For thousands of years it has been the traditional land of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit. Today, this meeting place is still the home to many Indigenous people from across Turtle Island and we are grateful to have the opportunity to work on this land.



### National Indigenous People's Day June 21st, 2021





### Today's event

**Presenters** 

### **Co-Hosts**



Jodeme Goldhar **Strategic Advisor** Ontario Health, CA



**Henk Nies Strategy Director** Vilans, NL



Philippa Darnton **Associate Director Insights** Wessex AHSN



**Andrew Liles** Strategic Advisor Wessex AHSN



Dr. David Brown **Clinical Director & GP** Farnham PCN



Adam Steventon **Director Data Analytics** The Health Foundation



Walter Wodchis **Principal Investigator HSPN** 



Mark Fam **VP Clinical Programs** 



Sara Shearkhani **Evaluation Lead** 



Anne Wojtak Lead, Integrated Care Toronto East Health Network Toronto East Health Network Toronto East Health Network



### Poll 1

### Where are you joining us from today?

#### 1. Where are you joining us from today?

Ontario	(282) 90%
Other regions in Canada	(10) 3%
United States	(1) 0%
United Kingdom	(9) 3%
Netherlands	(2) 1%
Other (please use the chat to let us know where)	(11) 3%



### **Welcome and Overview**



Jodeme Goldhar
Strategic Advisor
Ontario Health, CA



Henk Nies Strategy Director Vilans, NL



# How to Deliver Integrated Care A Guidebook for Managers

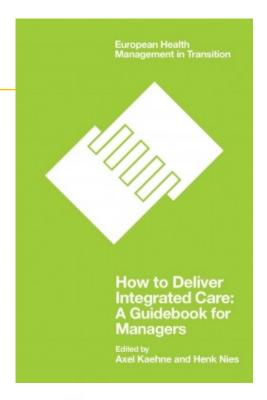
#### **Edited by Axel Kaehne and Henk Nies**

Care integration has become an important part of managing health and social care services all over the world. Bringing organisations together is thought to produce better access to care, reduce health care expenditure and improve quality of care for patients and service users.

This book helps managers to think about how to collaborate in integrated care programmes. It provides practical advice on how to implement various aspects of care integration, such as finance, digital technology and evaluation.

Receive a 30% discount you ordering your copy online through the Emerald Publishing bookstore – use code EMERALD30 at checkout.

https://books.emeraldinsight.com/page/detail/How-to-Deliver-Integrated-Care/?K=9781838675301





### How to Deliver Integrated Care

### A Guidebook for Managers

#### **Edited by Axel Kaehne and Henk Nies**

Nick Zonneveld, Henk Nies, Elize van Wijk and

Mirella Minkman

1.	Integrated Care – An Introduction Axel Kaehne and Henk Nies	1	7. Digital Health Enabling Integrated Care 115 Carolyn Steele Gray, Dominique Gagnon, Nick Guldemond and Timathy Kenealy
2.	Financing Care Integration: A Conceptual Framework of Payment Models That Support Integrated Care Eric van der Hijden and Jeroen van der Wolk	15	Implementing Integrated Care     Axel Kaehne      Evaluating Integrated Care     Walter Wodchis, Carolyn Steele Gray, Jay Shaw,
3.	Leadership in Integrated Care Helen Dickinson and Catherine Smith	39	Kerry Kuluski, Gayathri Embuldeniya, G. Ross Baker and Maritt Kirst
4.	Engaging Patients for Integrating Care Rachael Smithson, Christina Wicker and Kimberley Pierce	59	Index 183
5.	Social Dimensions of Care Integration Karin Kee, Henk Nies, Marieke van Wieringen and Bianca Beersma	75	
6.	Values in Integrated Care	9.5	





### How to Deliver Integrated Care

A Guidebook for Managers

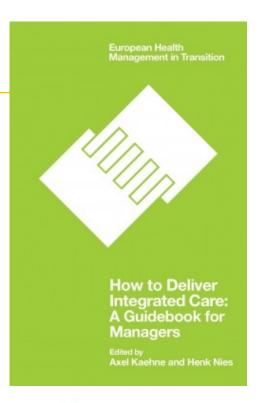
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https://tinyurl.com/2x3rhn23





### Further reading and resources





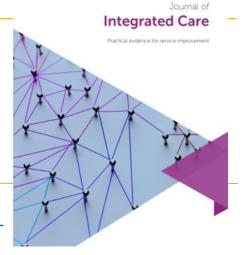
### **Journal of Integrated Care**

**Edited by Axel Kaehne** 

Facilitating the dissemination of research and practice about the integration of health, social care and other community services to the benefit of service users, patients and health care providers.

https://www.emeraldgrouppublishing.com/journal/jica

Also see Emerald's **Healthier Lives** page, <a href="https://www.emeraldgrouppublishing.com/ourgoals/healthier-lives">https://www.emeraldgrouppublishing.com/ourgoals/healthier-lives</a>, a home for research that influences thinking, changes practice and policy, and positively makes a difference to lives beyond the walls of academia, aligned to the UN's Sustainable Development Goals. We're looking for new partnerships to help the research we publish reach its widest audience — if you'd like to be involved, please get in touch.





### Poll 2

# What should be the main objective of an evaluation of integrated care? (check 1-3 priorities)

1. What should be the main objective of an evaluation of integrated care? (check 1-3 priorities) (Multiple choice)

To learn how to improve outcomes for patients	(296/342) 87%
To learn about how best to set up integrated care services	(217/342) 63%
To be accountable to funding agencies	(76/342) 22%
To demonstrate cost-effectiveness	(102/342) 30%
To understand the design principles that matter	(120/342) 35%
To support policy makers in making the right decisions	(149/342) 44%



# **Evaluating Integrated Care From a System Perspective: The Health Foundation Approach**



Adam Steventon

Director Data Analytics

The Health Foundation



# Evaluating integrated care

**Adam Steventon** 

21 June 2021





# The Improvement Analytics Unit

We are working in partnership with NHS England to establish a resource that can:

- Evaluate whether local change initiatives, implemented as part of national programmes, are improving care
- Feed back to local and national level quickly, to help improve care
- Use state-of-the-art evaluation methods from causal inference, as applied to existing data sets



# Example 1: Principia

Briefing

March 201

### Briefing: The impact of providing enhanced support for care home residents in Rushcliffe

Health Foundation consideration of findings from the Improvement Analytics Unit

Therese Lloyd, Arne Wolters and Adam Steventon

#### About this briefing

The analysis within this briefing was conducted by the Improvement Analytics Unit, a partnership between NHS England and the Health Foundation. This Health Foundation briefing considers the findings of the analysis.

The briefing looks at the impact of a package of enhanced support for older people Iving in care homes. The enhanced support was introduced in April 2014 and was developed by Principia, a local partnership of general practitioners, patients and community services that aims to provide better quality of care for people in Rushcliffle in Nottinghamshine, England.

The briefing outlines the enhanced support package, then describes the methods the Improvement Analytics that used to derive the finited data used in the analytics, select a matched comparison group, and compare hospital utilisation between the two groups. The briefing describes the results of the analysis and discusses the findings. It concludes by looking at the implications and priorities for future resistent and removement activity.

More detail about the methods used is available in an accompanying technical appendix, available from www.health.org.uk/publication/improvement-analytics-unit-analysis-principia







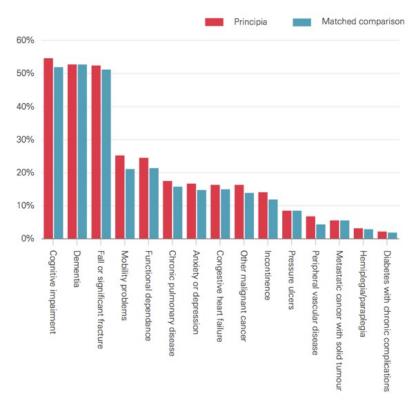
# Enhanced support for care home residents

- Aligning care homes with general practices
- Regular visits from a named GP
- Improved support from community nurses
- Independent advocacy and support from the third sector
- Programme of work to engage and support care home managers





# Selecting a matched control group

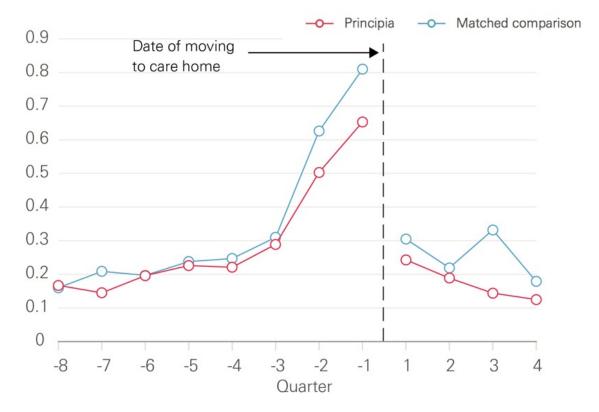


Lloyd, T. et al. The impact of providing enhanced support for care home residents in Rushcliffe. The Health Foundation. 2017





# Trends in emergency admissions



Lloyd, T. et al. The impact of providing enhanced support for care home residents in Rushcliffe. The Health Foundation. 2017

# Example 2: Mid Nottinghamshire

Briefing

September 2020

The long-term impacts of new care models on hospital use: an evaluation of the Integrated Care Transformation Programme in Mid-Nottinghamshire

Geraldine M Clarke, Paris Pariza and Arne Wolters

#### Key noints

This report presents the findings of an evaluation of the long-term impacts of the Mid-Notringharmshive Better Together Integrated Case Transformation Programms (ICTP) over a 6-year period from its bunch in Anti-2010 until March 2010. The programms was established by Mansfield and Antifield crinical commissioning group (ICC) and Newark and Dismood CCL1, ligation with local partiess. In March 2015, the Mid-Notringhamshive Better Together programme achieved variguant status as an integrated primary and acute cure systems provide, one of the first of







### Better Together Mid-Notts PACS vanguard

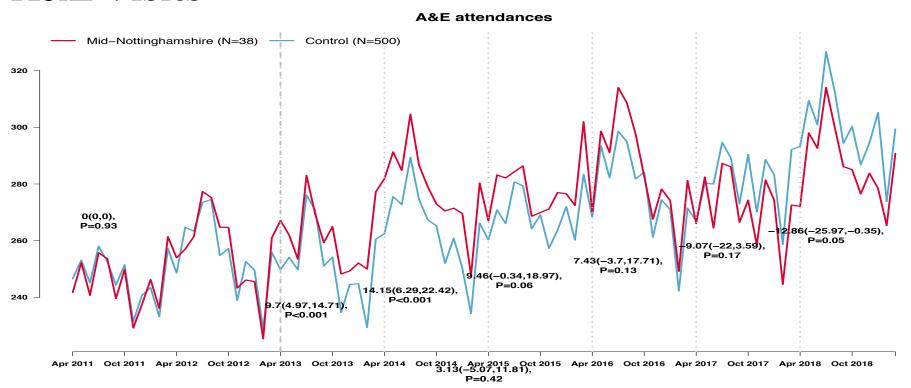
- Mid Nottinghamshire (Mansfield & Ashfield and Newark & Sherwood) CCGs serve a population of ~330,000, typically older, with high incidence of multi morbidity, and high levels of deprivation.
- Mid-Notts Better Together Integrated Care Transformation Programme (ICTP) established in 2013 in response to concerns about disjointed and fragmented care, and confusion about available services
- Won vanguard in March 2015 funding to continue the ICTP as a PACs vanguard.
- Formed Alliance across Mid Notts in April 2016 and now operates as part of Nottingham and Nottinghamshire ICS







### **A&E Visits**



# Reflections



### Reflections

- Counterfactual is needed in situations like the ones presented;
   otherwise we would have reached the wrong conclusion
- Resources are available to help health care analytics teams implement these methods – see health.org.uk/iau
- Routine data useful but gives partial picture
- Impacts on hospital admissions can take many years to materialise
  - we need leading indicators of change

# Thank you



### Poll 3

# What data sources are you able to use to evaluate your integrated care programs (\( \sqrt{} \) all that apply)?

1. What data sources are you able to use to evaluate your integrated care programs (\( \sqrt{} \) all that apply)? (Multiple choice)

Registry of individuals enrolled/eligible in program	(76/197) 39%
Emergency (A&E) utilization for individuals enrolled/included	(117/197) 59%
Acute admissions for enrolled/eligible	(80/197) 41%
Primary care utilization/clinical data for enrolled/eligible	(82/197) 42%
Community service data for enrolled / eligible	(78/197) 40%
None of the above	(22/197) 11%



### **Discussion Question & Engagement**

What are your challenges in implementing evaluation for your (integrated care) improvement programs?



Use the chat to all panelists and attendees to respond to this and ask questions.





# Two Inspiring Examples





Philippa Darnton
Associate Director, Insight



Mark Fam
Vice President, Clinical Programs



Andrew Liles
Strategic Advisor



Dr. David Brown Clinical Director, Farnham PCN



Sara Shearkhani Evaluation Lead



Anne Wojtak Lead, Integrated Care







**Evaluating integrated care delivery in an NHS health and care system** 

2015-2019

### In this 10 minute presentation you'll be hearing from:



**Dr David Brown**General Practitioner (Family Physician)
Clinical Director for the Farnham Primary Care Network



Andrew Liles
Strategic Advisor, Wessex AHSN
Consilium Partners
Royal Holloway College, University of London



Philippa Darnton
Associate Director, Insight
Wessex Academic Health Science Network





### **Quick context setting**

"The traditional divide between primary care, community services, and hospitals — largely unaltered since the birth of the NHS — is increasingly a barrier to the personalised and coordinated health services patients need." Five Year Forward View (FYFV) October 2014.

50 vanguards established to create learning for the wider roll-out of **new integrated health and care models** to the rest of the NHS. North-East Hampshire and Farnham (NEHF; 200,000 population) were one of these.

Each vanguard were required to appoint an **independent evaluation partner** – and Wessex Academic Health Science Network were appointed by NEHF.

Integrated care is now the dominant national policy for the NHS.

- NEHF were part of one of the first, and leading, larger Integrated Care Systems
   (ICSs) in the NHS Frimley Health and Care (c.850,000 population). ICSs now cover all of England.
- The integrated care models developed and evaluated in NEHF are now widespread across the NHS.



### Happy, Healthy, at Home – NEHF Vanguard





The new care model





### **Example – The Farnham Integrated Care Team (ICT)**



### Patients supported by ICT:

- Reactive caseload initially
- Proactive caseload added in phases

#### **Process:**

- Weekly team meeting Wednesday 1pm to 3pm
- Core team attend in person
- Extended team can attend, dial in or video call
- 20-30 patients discussed at each meeting
- ICT Coordinator completes Action Plan and a Tracker to monitor completion
- "Discharge" decisions based on professional consensus







### **Evaluation scope and process**

#### We evaluated 23 services over 2 years





### A typical evaluation process:

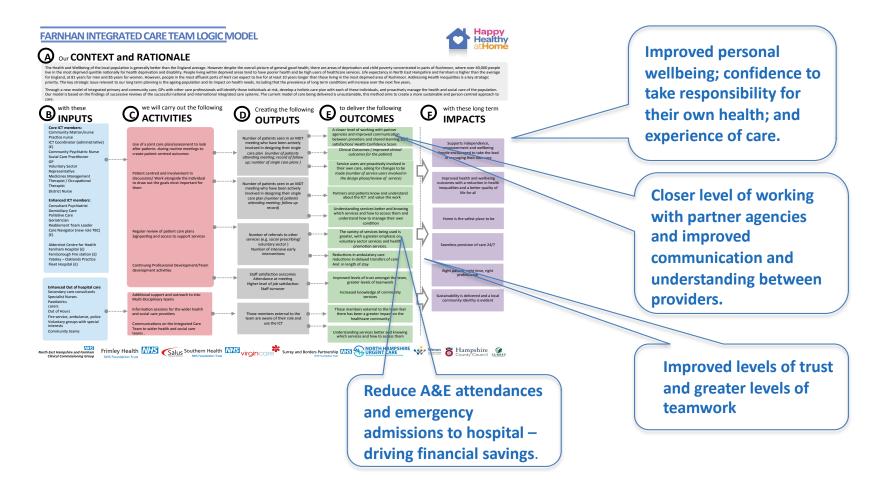
- A meeting with the service understand the service and its aims and to develop a logic model.
- Co-design the evaluation, methods and timescales.
- Circa 3 months of focused data collection, observation, interviews and analysis.
- Report writing, discussion with the team, presentation and approval from evaluation steering group.
- Joint presentation by service team and evaluation team at a Symposium.



# Farnham ICT – what they did and what they wanted to understand







### **Evaluation methods**

These are the principal evaluation methods that have been used.





**Self reported outcomes** 

A set of short, generic, validated person reported outcomes measures that can track changes in how people feel over time as they experience a new care model. Widely used for patients and staff.



**Activity impact** 

Analysing pseudonymized patient records to measure the impact of new care models on activity levels in other services – principally hospital emergency services.



**Economic evaluation** 

Modelling evidence of an impact on activity levels over time to estimate potential system savings. Comparison with costs to identify a potential return on investment.



**Team observation and evaluation** 

Observing teams in practice using Normalisation Process
Theory - a validated evaluation tool to understand the extent
to which a team was able to embed the implementation of the
new care model.







#### Qualitative interviews with patients, carers and staff

Experienced researchers undertaking structured interviews using qualitative methods to explore the extent and nature of a change.

#### Themed analysis of case studies

Experienced researchers undertaking thematic analysis of case studies collected by staff.

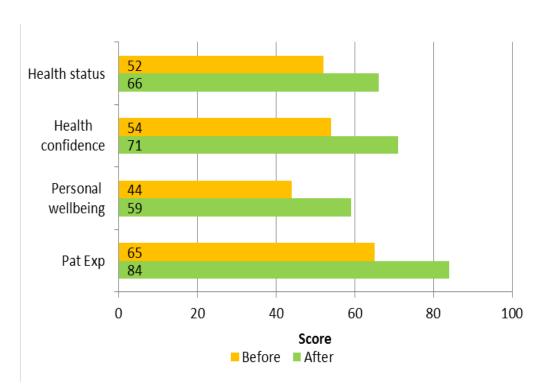
#### **Synthesising findings**

Synthesis meetings bring together all of the people involved in gathering the data and evidence from quantitative and qualitative sources. All of the material was pooled and worked through together to triangulate the evidence and identify and agree findings.

### **Self reported outcomes from patients**



The **total vanguard scores** before (at referral) and after (once supported) – covering 3300 responses



### The biggest improvements were:

- **Experience: Well Organised**
- Health Confidence: I can get the right help if I need it
- Experience: Listen and explain
- Experience: See you promptly







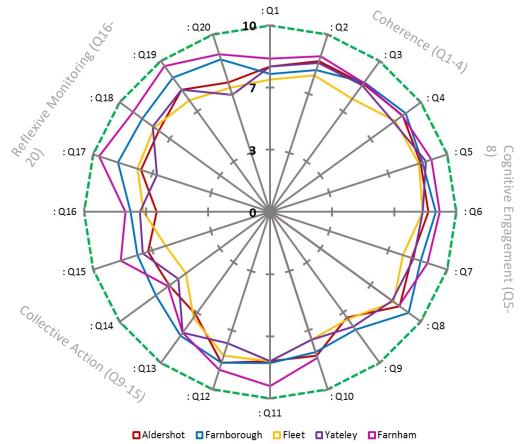




### **Team Evaluation for 5 different locality ICTs**







Scores closest to the green line are better (higher scores are positive/ better)

- Coherence evidence that team members believe there is a move from reactive to proactive care. The role of the Paramedic Practitioner was widely recognised to have made a big contribution to the teams' practice
- Cognitive engagement non-participant observation and focus groups confirmed high levels of buy-in in all ICTs.
- Collective action focus groups identified the following common barriers and drivers to the work of the ICTs:

#### **Barriers:**

Staff shortages and competing demands
Not understood by other parts of the system
IT and Information Governance

#### **Drivers:**

The multidisciplinary team Improving patient outcomes Flexibility and autonomy

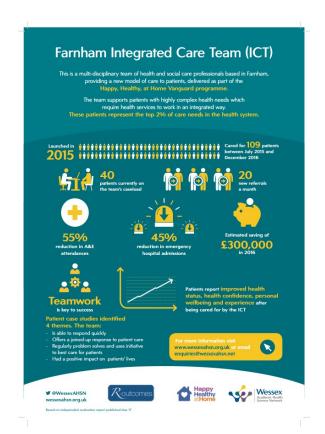
Reflexive monitoring – ICTs were able to follow individual patients but have less information on the overall impact they are having and how they are perceived by others.





### How we ensured that evaluation influenced action

- → A co-designed approach
- → Symposia to share the learning
- → Interim feedback to Community of Practice events
- → NPT evaluation at team away days
- → Self-reported outcome measures included in monthly system dashboards
- → Flash cards of summary findings
- **→** Timely evaluation reports







### Our tips for successful evaluation of integrated care

- Relationships
- Understanding value
- ✓ Maximising benefit through the formative use of findings.
- Evaluation champions
- Adaptability
- Evaluability
- Understand 'how people feel' about integrated care
- ✓ Independent analysis, but co-designed process





## **THANK YOU**







### Using a Learning Health System Approach to Evaluating an Ontario Health Team in East Toronto

Mark Fam, Vice President Clinical Programs, East Toronto Health Partners (ETHP)

**Sara Shearkhani,** Evaluation Lead, ETHP **Anne Wojtak**, Lead, ETHP



# Building an Ontario Health Team for East Toronto.











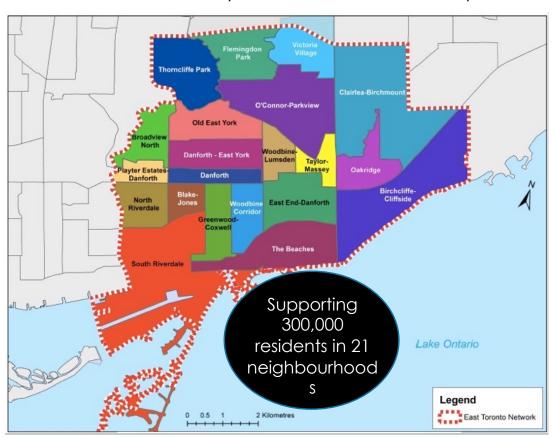






### Who We Serve in East Toronto

**Partnership Model:** An Anchor Partnership model with an evolving network of health, community care and social service providers.







### Achieving the Quadruple Aim via our ETHP Vision

**Vision:** A System without Discharges: A Seamless Continuum of Care that is Population Health-focused, with Programs Tailored to Local Communities





Seniors and Chronic Disease Management



Integrated Mental Health and Substance Use



Coordinated Home Care



Neighbourhood Care Teams



Primary and Community Care Response

**Teams** 



Integrated Surge Response

Streamlined Access and Navigation, Enabled by Digital and Virtual Care

Coordinated Governance, Resource and Performance Management

ETHP invests over \$1M into collaborative hospital and community-based initiatives to meet local needs:

Flu vaccinations, community outreach, primary care capacity, enhanced home care, ED capacity....



## **Evaluation**





## **Evaluation Aim and Approach**

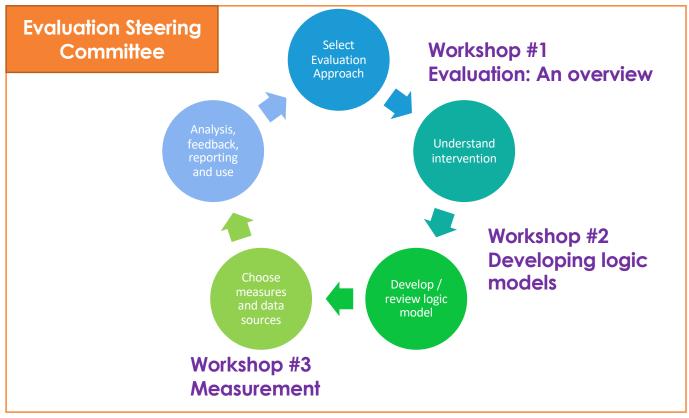


- Aim: Creating a learning system within East Toronto OHT by embedding rapid cycles of evaluation to support learning, knowledge transfer, and decision making for scale and spread of our new model of care by:
  - Co-developing an OHT evaluation framework
  - Creating an evaluation community of practice
  - Supporting decision-making and Knowledge Translation (KT)
- Approach: Developmental Evaluation (DE)
- 15 Surge projects were chosen to be part of DE



### **Evaluation Framework**







1. Wodchis, W., Gray, C.S., Shaw, J., Kuluski, K., Embuldeniya, G., Baker, G.R. and Kirst, M. (2021), "Evaluating Integrated Care", Kaehne, A. and Nies, H. (Ed.) How to Deliver Integrated Care (European Health Management in Transition), Emerald Publishing Limited, Bingley, pp. 161-182.





1. Logic model: Flexible funds to support early discharge for patients with non-medical needs (A Surge project)

Resources	Activities	Outputs	Outcomes	Impact
<ul> <li>Staff</li> <li>Admin support</li> <li>Community partners</li> <li>Funding</li> <li></li> </ul>	<ul> <li>Identify &amp; assess patients</li> <li>Identify barriers to discharge</li> <li>Put in a request</li> <li></li> </ul>	<ul> <li>#requests</li> <li># enrolled patients</li> <li>Type of services</li> <li></li> </ul>	<ul> <li>Reduced length of stay</li> <li>Improved discharge process</li> <li></li> </ul>	Alleviate     winter surge     pressure  Population:     Patients who are     eligible to be     discharged but     are unable to     leave due to     non-medical     issues







2. Evaluation questions: Flexible funds to support early discharge for patients with non-medical needs (A Surge project)

Туре	Questions
Process focused questions	<ul> <li>Who are the patients being identified? (How does that compare with the intent?)</li> <li>What are the common barriers to discharge?</li> </ul>
Outcome focused questions	<ul> <li>Did the program reduce length of stay?</li> </ul>





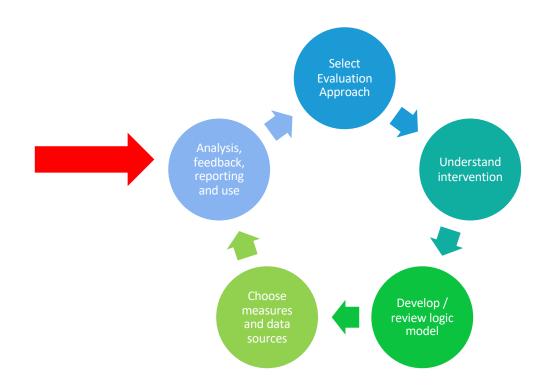
# 3. Measurement table: Flexible funds to support early discharge for patients with non-medical needs (A Surge project)

Activity/Output/ Outcome	Identified Measures	Source of data	Approach to data capture	Frequency of reporting & Audience	Associated Actions & Responsibility
Identify barriers to discharge	Identified barriers by staff	Staff perception	Focus group		X to run a focus group; analysis by Y
	Type of services/ equipment purchased	Patient's record	Document analysis	Twice (mid Feb-end March) with evaluation team, executive & staff	Z to update tracking sheet/ analysis by Y



## Analysis, Feedback, & Reporting







1. Wodchis, W., Gray, C.S., Shaw, J., Kuluski, K., Embuldeniya, G., Baker, G.R. and Kirst, M. (2021), "Evaluating Integrated Care", Kaehne, A. and Nies, H. (Ed.) How to Deliver Integrated Care (European Health Management in Transition), Emerald Publishing Limited, Bingley, pp. 161-182.

## **Next Steps**

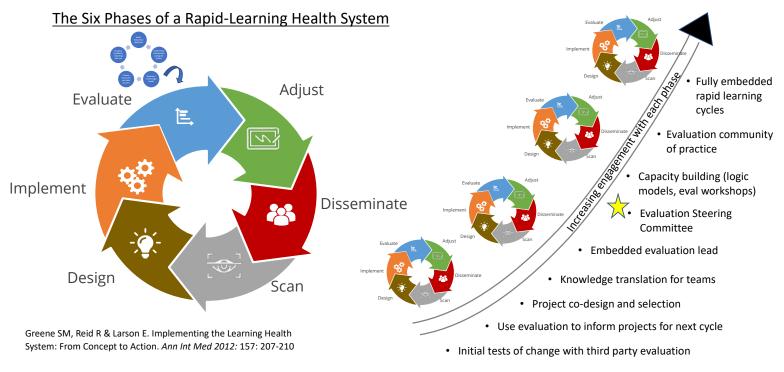




## Maturing as a Learning Health System



### East Toronto Health Partners – Maturing as a Learning Health System







# **Thank You**



### Poll 4

# How are you evaluating your integrated care initiatives (select one)?

1. How are you evaluating your integrated care initiatives (select one)?

We have implemented internal robust evaluation

(20) 17%

We have arranged with an external group for evaluation

(3) 3%

We have measures that we are tracking with our steering committees and working teams

(51) 43%

We have no explicit plan for evaluation alongside our care activities

(31) 26%



## **Discussion Question & Engagement**

How would you understand how integration feels for (is experienced by) staff and patients?



Use the chat to all panelists and attendees to respond to this and ask questions.



## **Linking System Evaluation with Local Implementation**



Walter Wodchis
Professor & Research Chair



## **Evaluating Integrated Care**



9

#### **EVALUATING INTEGRATED CARE**

Walter Wodchis, Carolyn Steele Gray, Jay Shaw, Kerry Kuluski, Gayathri Embuldeniya, G. Ross Baker, and Maritt Kirst

### INTRODUCTION

While integrated care programs are proliferating around the world, rigorous measurement and evaluation of the intended and unintended effects of these programs are rarely undertaken or reported on outside of well-funded research programs. There are a number of reasons for this lack of evaluation, including a failure to include measurement and evaluation in implementation plans, a lack of funding for evaluation activity, limited local evaluation expertise and resources, and persistent challenges associated with measurement and evaluation in complex interventions. Therefore, aside from a few notable international examples, much of our understanding of integrated care programs is descriptive, focusing on case studies that typically summarize what was implemented, and in some cases how it was implemented, but far less often on what outcomes were achieved.



## **Evaluating Integrated Care**

Evaluation Goal	Purposes	Methods
Summative	Determine effectiveness	Comparisons with unexposed
Formative	Improve design	Descriptive
Developmental	Support innovation & development	Qualitative & quantitative Rapid feedback
Realistic	Context and mechanisms	Qualitative & quantitative

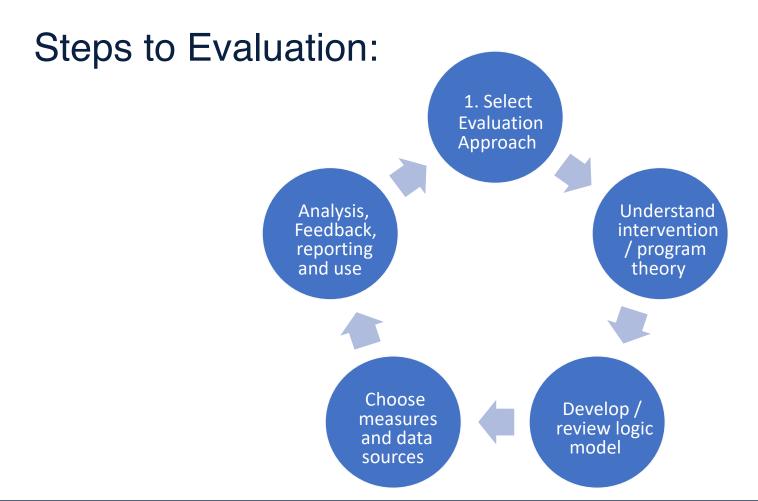


## **Evaluating Integrated Care**

### Other considerations:

- Priority populations
- Conceptual frameworks
- Logic models
- Measurement & data capture
- Analysis and reporting







## Steps to Evaluation:

168

Walter Wodchis et al.

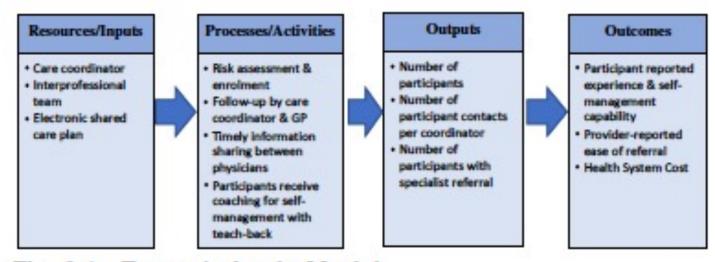
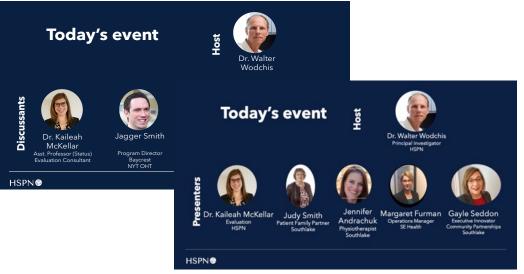


Fig. 9.1. Example Logic Model.



## Some resources translated to <a href="https://hspn.ca/evaluation/oht/">https://hspn.ca/evaluation/oht/</a>

## Webinars: Feb & Nov 2020



# Logic model development guide + templates





## Linking System Evaluation with Local Implementation

### **External Evaluators:**

- Can provide unbiased evidence regarding the development and implementation success of integrated care programs.
- Often have access and use of external datasets to identify and create 'comparator' cohorts / counter-factual information.
- Can bring expertise in advanced evaluation methods such as Developmental Evaluation, Realist Evaluation, Quasi-Experimental designs.
- Can co-design evaluation goals and objectives.
- May provide more robust results.



## Linking System Evaluation with Local Implementation

### Local Evaluation:

- Can quickly build trust through existing relationships.
- Can provide highly adaptive coaching on evaluation approaches (setting evaluation questions, developing logic models, determining data sources).
- Less expensive (in-kind resources).
- Easier access to local patient data (local use, not transferred)
- Needs to be an organizational priority.







integratedcarefoundation.org/ific-canada



@IFICinfo



ificcanada@integratedcarefoundation.org

### Call for Papers Extended For This Audience! to 12 noon June 25th





















Innovation. Inspiration. Integration:

Co-designing for health and wellbeing with individuals and communities

In association with the 6th World Congress on Integrated Care



### One word to describe the experience of this event





IFIC Canada

## Everyone is involved!



@infohspn



OHT.Evaluation@utoronto.ca



The Health System Performance Network



https://hspn.ca/evaluation/ontario-health-teams

Thank you!



