

Population Segmentation for Population Health Management in Ontario Health Teams

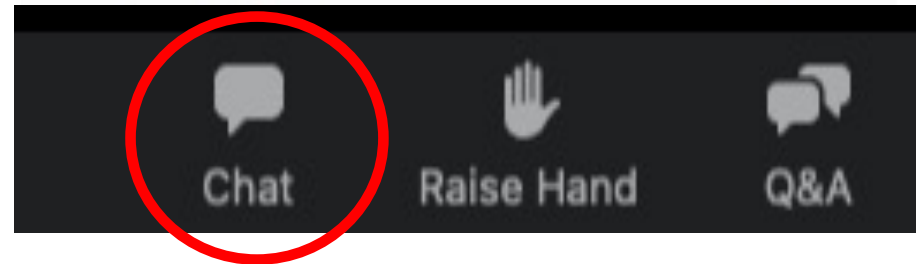
HSPN Monthly OHT Webinar
January 25, 2022

Welcome & thank you for joining us!

Please let us know who you are by introducing yourself (name & OHT or other org)

Accessing the Chat in a Webinar from a Mobile Device

1. While in a meeting, tap the screen to make the controls appear.



set response to all (panelists and) attendees
in the chat box

Land acknowledgement

We wish to acknowledge this land on which the University of Toronto operates. For thousands of years it has been the traditional land of the Huron-Wendat, the Seneca, and the Mississaugas of the Credit.

Today, this meeting place is still the home to many Indigenous people from across Turtle Island and we are grateful to have the opportunity to work on this land.

Poll

First time ?

Poll ended | 1 question | 182 of 226 (80%) participated

1. Have you joined us for an HSPN webinar previously ? (Single Choice)

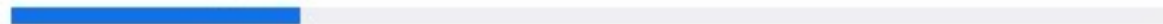
*

182/182 (100%) answered

Yes (136/182) 75%



No, this is my first event (46/182) 25%



Today's event

Segmentation for Population Health Management

Presenters



Walter Wodchis
Co-Lead
OHT Evaluation
HSPN



Christina Clarke
RISE Population
Health Coach

Agenda

1. Approach to Population Health Management (PHM)
2. Segmenting OHT attributable populations
3. Looking at cQIP measures by population segment
4. Examples to connect segmentation to care model co-design and quality improvement

What we're trying to do

Improving Value Means Increasing Population Health and Equity



COMMENTARY

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Toronto, ON
Research Chair in Implementation and Evaluation Science
Institute for Better Health, Trillium Health Partners
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ABSTRACT

The purpose of this commentary is to outline a vision for the future of value-based healthcare in provinces across Canada and offer a few suggestions for the requirements to make substantial gains in value, based on learnings from past initiatives. We declare as our premise that improving value in healthcare means to improve population health. The goal of improving population health means to improve both average quality of life and life expectancy and to reduce inequalities in these health outcomes. That is, to "shift and squeeze" the population health distribution, as Dr. Patricia Martens phrased it in the Emmett Hall lecture at the Canadian Health Services and Policy Research conference in 2014.

Background

What does improved value and improved population health look like? Let us make the comparisons with other healthcare systems,

starting with the Organisation for Economic Co-operation and Development (OECD) as a benchmark for what has been achieved at this time on this planet.

How to Approach Population Health Management

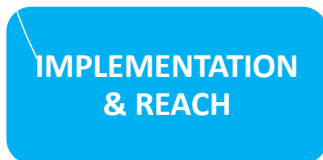
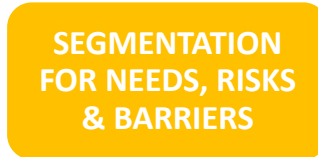


An iterative process!



Throughout each component:

- ✓ Apply an **EQUITY LENS**
- ✓ Leverage QI processes and complete **TESTS OF CHANGE**
- ✓ **ADAPT** based on learnings and as population changes



HIGH LEVEL OVERVIEW OF EACH COMPONENT

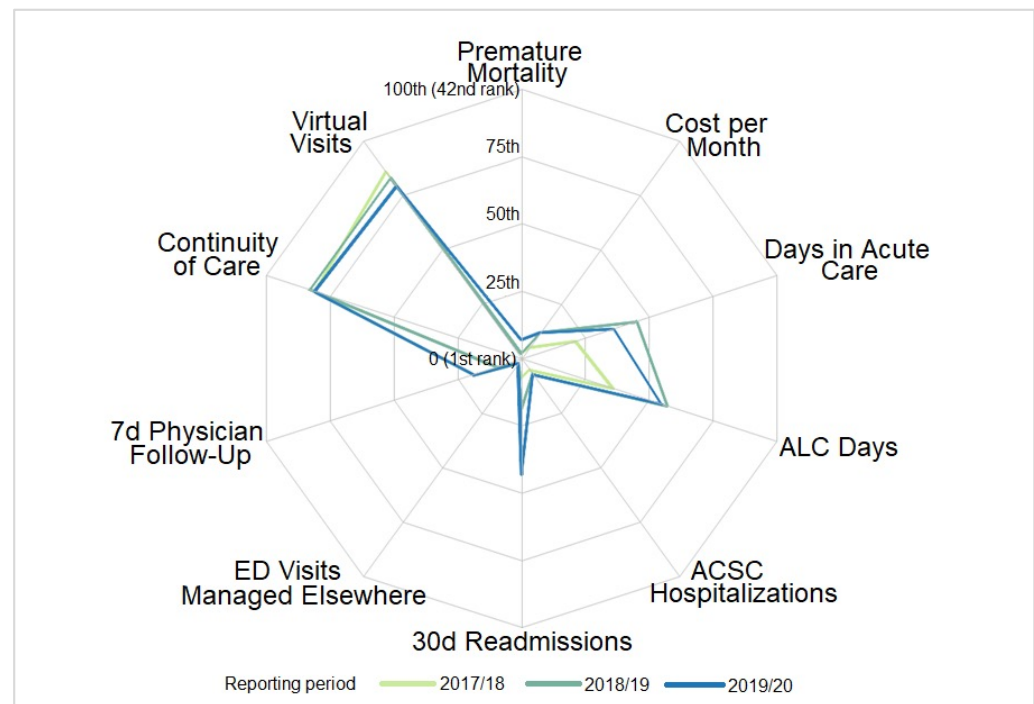
- **Population identification (start here)**
 - This will need to be done on an on-going basis as your population changes and can include two levels of identification:
 - 1) Understanding your attributed population (MoH data)
 - 2) Identifying a priority population with which to start/to prioritize next (HSPN reports)
- **Segmentation for needs, risks & barriers**
 - Segmenting your attributed population into priority populations
 - Segmenting your priority populations
- **Co-designing person-centred care models & service mix**
- **Implementation & reach**
- **Monitor & evaluate**
 - Using a quadruple aim approach

HSPN used “Spider Diagrams” to report on overall OHT Attributable Population indicators

Indicator Reports

“Try to be SMALL”

... on target is better



Opportunities for Improvement HSPN and cQIP Indicators

Overall OHT Indicators (Hospital-based)

- Days in acute inpatient care
- **ALC days**
- ACSC hospitalizations
- ED visits best managed elsewhere

Mental Health & Addictions Care

- Outpatient visits within 7d of MHA hospital discharge
- **ED as first point of contact for MHA**
- Frequent (4+) ED visits for MHA
- Repeat ED visits within 30d for MHA
- Rate of ED visits for deliberate self-harm

Cancer Screening

- **Mammography**
- **Pap Screening**
- **Colorectal**

Poll

Using OHT cQIP data

Poll ended | 1 question | 109 of 279 (39%) participated

1. How have you used your cQIP data shared through Ontario Health Platform ? (check all that apply) (Multiple Choice) *

109/109 (100%) answered



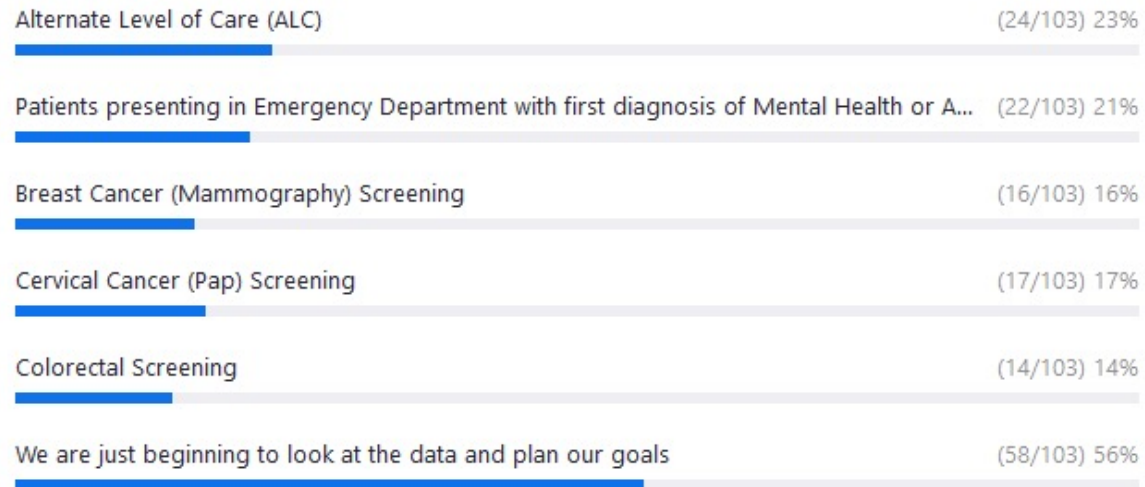
Poll

Which indicators have you advanced furthest for collaborative

Poll ended | 1 question | 103 of 285 (36%) participated

1. Which indicators have you advanced furthest for collaborative Quality Improvement Plans? (check all that apply) (Multiple Choice) *

103/103 (100%) answered



For any of the cQIP measures, have you thought about different sub-populations that you want to focus on for improvement? What are your ideas?

Respond in the chat

Prior HSPN White Papers on Population Health Management



February 2021 HSPN Webinar



hspn.ca/evaluation/oht/webinars/

<https://hspn.ca/evaluation/oht/related/white-papers-on-population-health-management-and-population-segmentation/>

Key Recommendations

- Ontario is rich with linked population clinical administrative and claims data.
- OHTs should consider both data-driven risk stratification approach and clinical/heuristic population segmentation approach to assess the relative merits of each and the potential for transition to a needs-based approach to care.
- Ensure segmentation can support the next stage in Population Health Management
 - Co-Designing Person-centred care models and service mix

Think about your opportunities for improvement

Now let's take it down a level.

- Move from entire OHT attributable populations to sub-populations. Use population-segmentation to identify patient populations with (crudely) similar health and social care needs.
- Today, we use the British Columbia Health System Matrix as our example for how to undertake and use population segmentation (you could use other approaches e.g. CIHI).

Population Segmentation



September 2021 HSPN Webinar

Today's event
Segmenting Your Population

Host
Dr. Walter Wodchis
Principal Investigator
HSPN

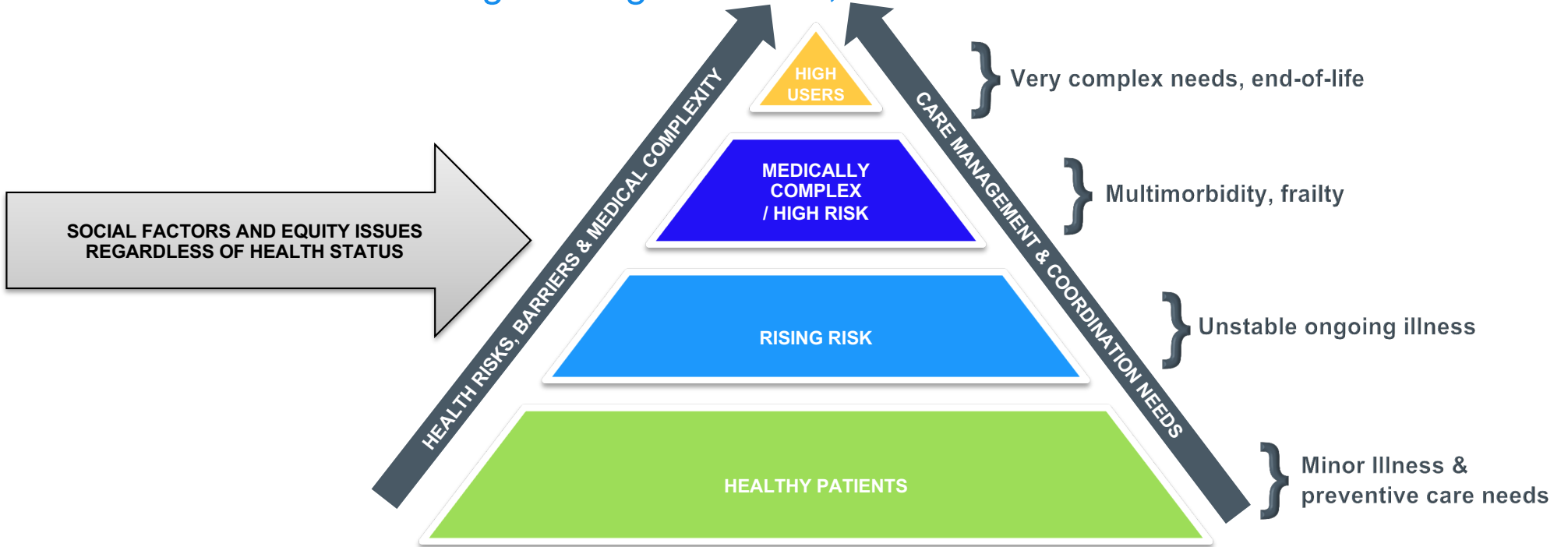
Presenters

 Debra Chen CIHI	 Samantha Magus BC MOH	 Rob Reid RISE Lead	 Christina Southey RISE Coach	 Alex Smith London-Middlesex OHT	 Curtis Handford Downtown East OHT
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HSPN  6

hspn.ca/evaluation/oht/webinars/

Segmenting for needs, risks and barriers



Source: Adapted from Kaiser Permanente



OHT Long Term Goal: Integrating Care for Full Attributed Population

Population Segmentation Using the British Columbia Health System Matrix

- Clinically driven
- Focused on predicting care service needs
- Based on the Bridges to Health Model

Using Population Segmentation to Provide Better Health Care for All: The “Bridges to Health” Model

JOANNE LYNN, BARRY M. STRAUBE,
KAREN M. BELL, STEPHEN F. JENCKS,
and ROBERT T. KAMBIC

Centers for Medicare and Medicaid Services, U.S. Department of Health and Human Services

The model discussed in this article divides the population into eight groups: people in good health, in maternal/infant situations, with an acute illness, with stable chronic conditions, with a serious but stable disability, with failing health near death, with advanced organ system failure, and with long-term frailty. Each group has its own definitions of optimal health and its own priorities among services. Interpreting these population-focused priorities in the context of the Institute of Medicine's six goals for quality yields a framework that could shape planning for resources, care arrangements, and service delivery, thus ensuring that each person's health needs can be met effectively and efficiently. Since this framework would guide each population segment across the institute's "Quality Chasm," it is called the "Bridges to Health" model.

Keywords: Health care reform, community health planning, health services needs and demand, person-focused health.

CROSSING THE QUALITY CHASM (IOM 2001A) ENVISIONED AN approach to health that focuses on the individual person or patient and met six specific aims for care: it must be safe, effective, efficient, patient centered (i.e., meets the patient's desires and preferences within the care delivery environment), timely, and equitable.

Address correspondence to: Joanne Lynn, Office of Clinical Standards and Quality, CMS, 7500 Security Blvd., Baltimore, MD 21244-1850 (email: Joanne.lynn@cms.hhs.gov).

The Milbank Quarterly, Vol. 85, No. 2, 2007 (pp. 185–208)

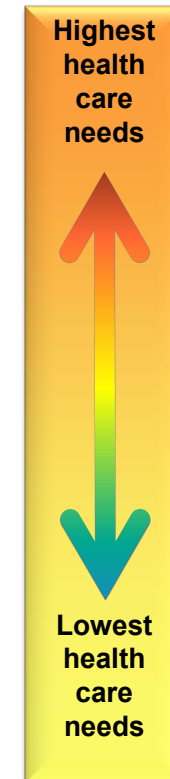
No claim to original U.S. government works.

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BC's Population Segmentation: 14 Health Status Groups

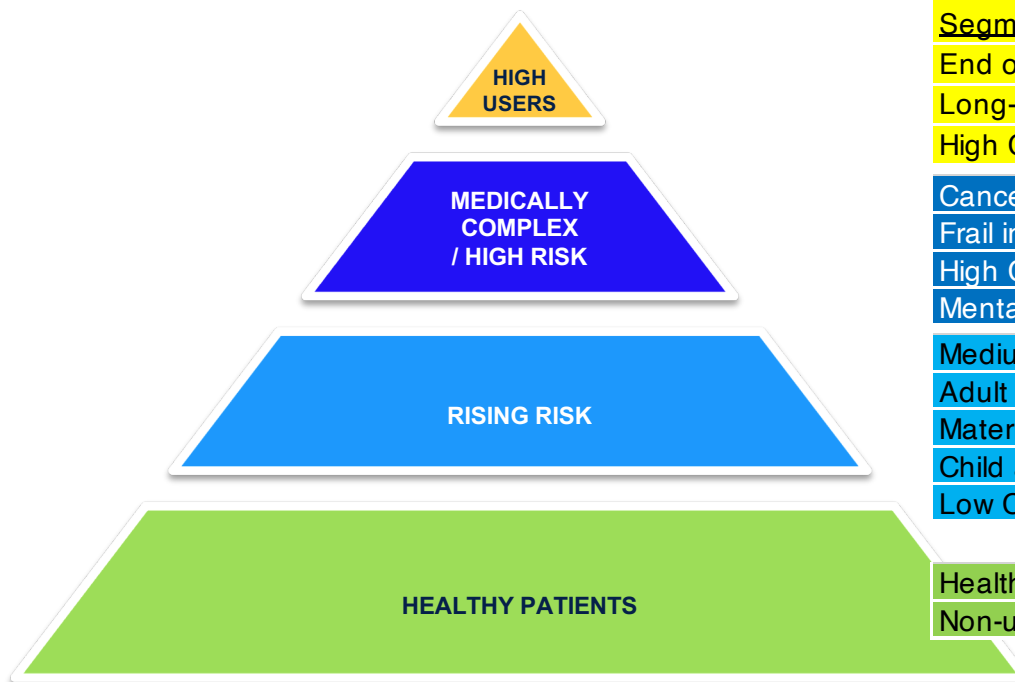
Broad Category	Population Segment representing 'highest' need for care in year	
Towards the End of Life	End of Life	In a palliative care or end of life program
	Frail in Residential Care	Living in Licenced residential care
	Frail with High Complex Chronic Conditions	High chronic conditions with supports for activities of daily living
	Frail living in the community	With supports for activities of daily living, without high chronic conditions
Living with Illness and Chronic Conditions	High Complex Chronic Conditions, not Frail	High chronic conditions, without supports for activities of daily living
	Cancer	Population with cancer diagnosis and treatment
	Severe Mental Illness and Substance Use	Hospitalized for MH or SU in 5 year period
	Medium Complex Chronic Conditions	Specific Medium Chronic Conditions or comorbidities
	Low Complex Chronic Conditions	Specific Low Chronic Conditions
Getting Better	Children and Youth Major Conditions	Significant time-limited health needs, without chronic conditions. Includes Newborns with health conditions
	Adults Major Conditions	
Staying Healthy	Healthy	Healthy, low users, with minor episodic health care needs
	Maternity and Healthy Newborns	Maternity, Obstetrics and newborns
	Non-users	People who used no health care in year



Health System Matrix 6.1, BC Ministry of Health 2015

BRITISH COLUMBIA

Ontario: Cost, Mortality and Population Sizes of Population Groups/Segments Using BC Health System Matrix



Segment	\$ PMPM	Premature Mortality	% Pop
End of Life	\$ 5,318	22,664	0.6%
Long-Term Care	\$ 4,290	10,040	0.6%
High Chronic with Frailty	\$ 2,661	6,518	1.0%
Cancer	\$ 1,661	3,073	0.7%
Frail in Community (Home Care)	\$ 1,314	2,695	0.7%
High Chronic Conditions	\$ 909	1,374	4.0%
Mental Health & Substance Abuse	\$ 725	967	1.1%
Medium Chronic Conditions	\$ 441	542	8.2%
Adult Major Age 18+ yrs	\$ 308	243	2.8%
Maternity & Healthy Newborn	\$ 228	28	2.1%
Child and Youth Major <18 yrs	\$ 190	200	27.0%
Low Chronic Conditions	\$ 187	41	0.9%
Healthy (low user)	\$ 65	52	39.1%
Non-user	\$ 31	61	11.2%

Source: Adapted from Kaiser Permanente

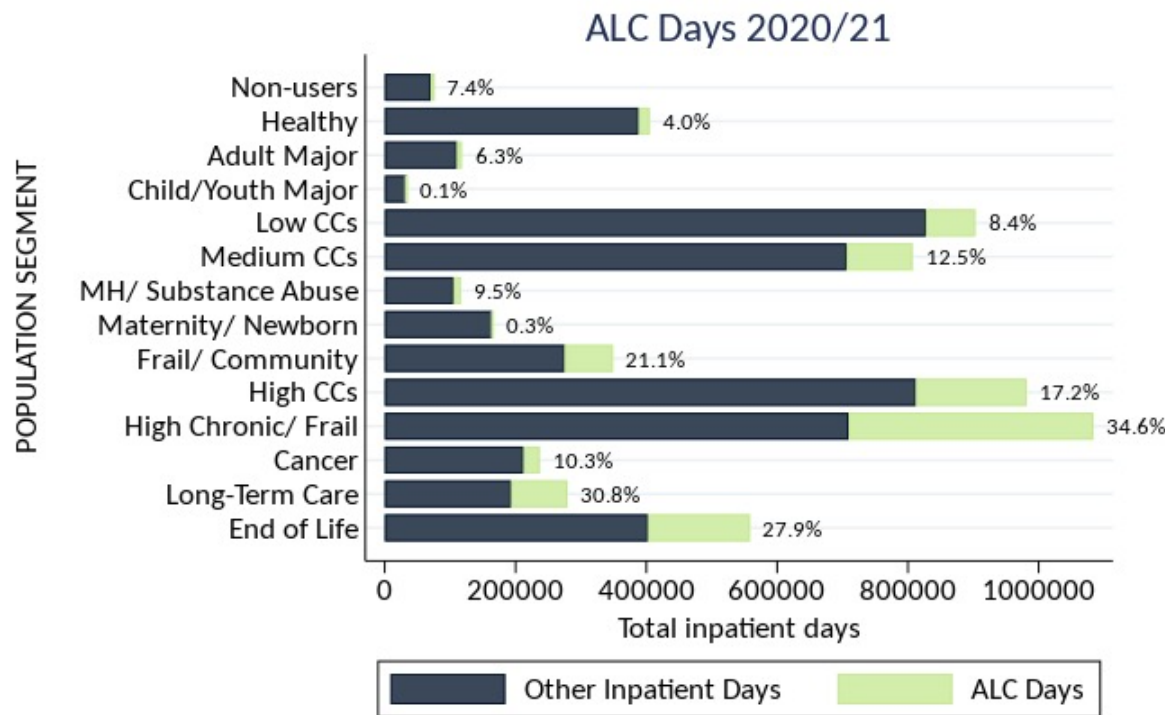
All data for 2020/21 based on 2019 Attributed Population
 \$PMPM = Provincial attributed government cost per member per month
 Premature mortality per 100,000 population

Think about your opportunities for improvement

The next slides focus on OHT measures for cQIP indicators:

- We report on 5 cQIP indicators (ALC, MH first, 3x cancer screening)
- HSPN will send reports to OHTs on cQIP indicators reported according to BC Health System Matrix groups and CIHI Pop Grouper. Today we review results based on BC HSM.
- Different indicators are prominent in different groups identifying the need for both in-reach (amongst known contacts of health system) and out-reach (to individuals with little health system contact) in order to improve results.

2020/21 ALC Days Rate (per 100 acute days) in acute hospitals across all Ontario OHTs by BC Matrix Segment

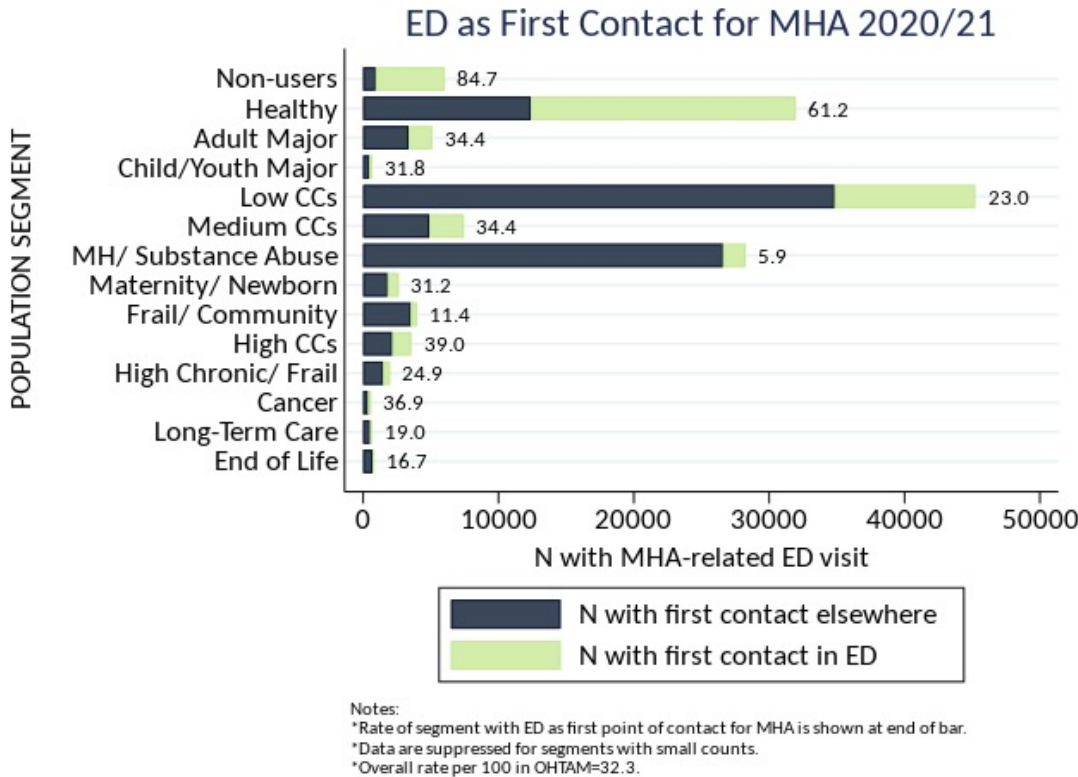


Notes:
 *Proportion of inpatient days designated as ALC is shown at end of bar.
 *Data are suppressed for segments with small counts.
 *Overall ALC days in OHTAM=18.0%.

cQIP ALC indicator is reported showing the total number of patient days in the bars:

- blue bars represent number of non-ALC days (x-axis/horizontal scale);
- green indicate number of ALC days;
- percentage to the right is the proportion of acute inpatient days that are ALC

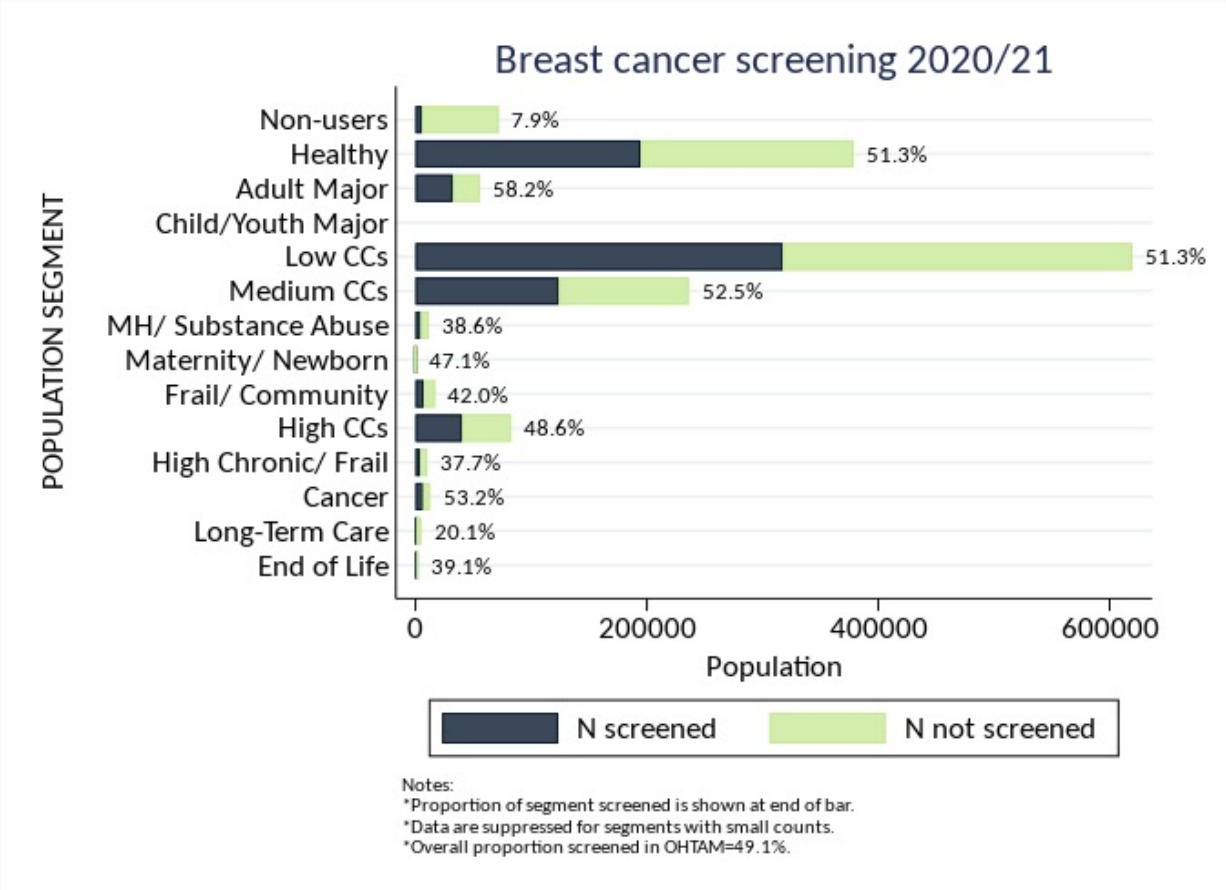
Rate of mental-health related ED visits in 2020/21 (per 100 population) where the ED was the first point of contact with a health provider across all Ontario OHTs by BC Matrix Segment



cQIP MHA indicator is reported showing the total number of individuals with MHA-related ED visits in the bars:

- blue bar represents number of individuals where the MHA-related ED visit was not the first point of contact for MHA (x-axis);
- green indicates number where the MHA-ED visit was the first point of contact;
- percentage to the right is rate of MHA-related ED visits where the ED was the first point of contact

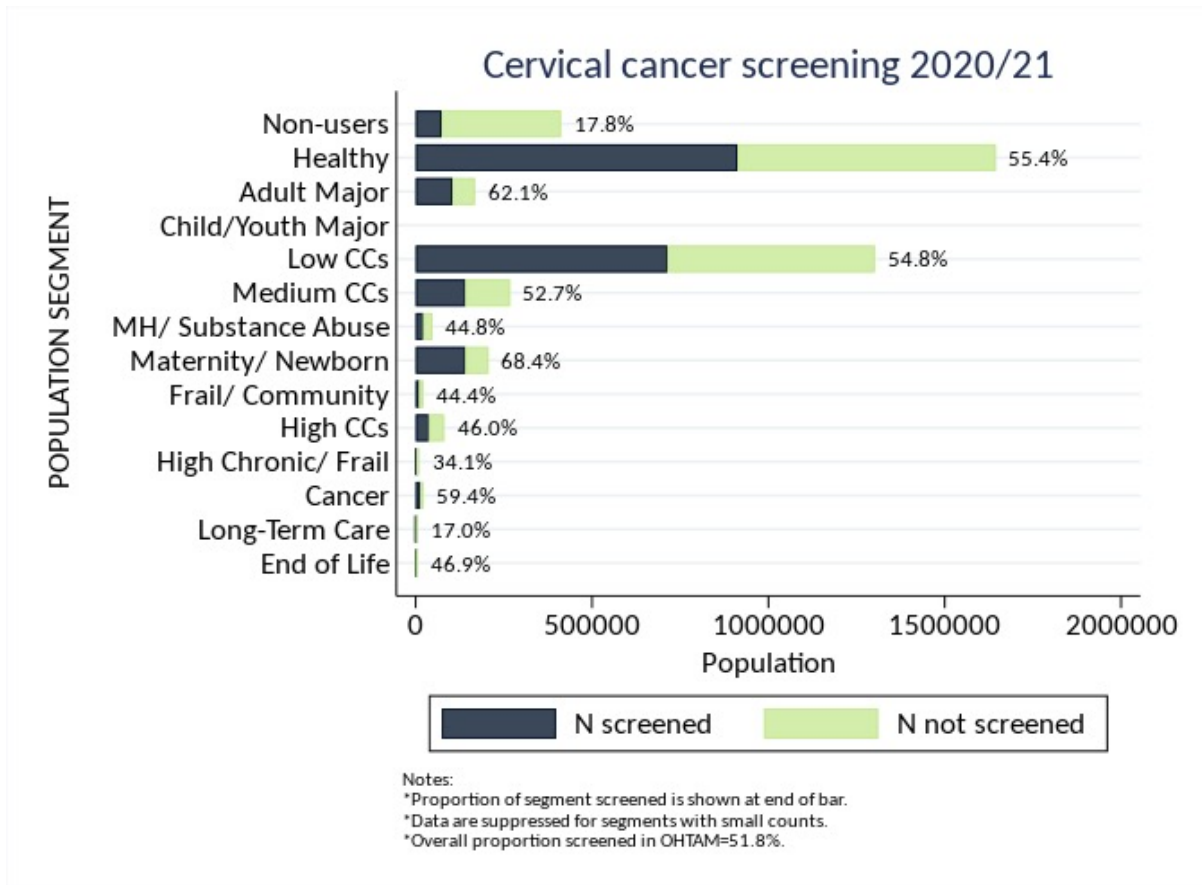
Number of women (52-69 yrs of age) across all Ontario OHTs not up-to-date with a screening Mammogram as at March 31, 2021 by BC Matrix Segment



cQIP cancer screening indicators are reported showing the total number of individuals in the bars:

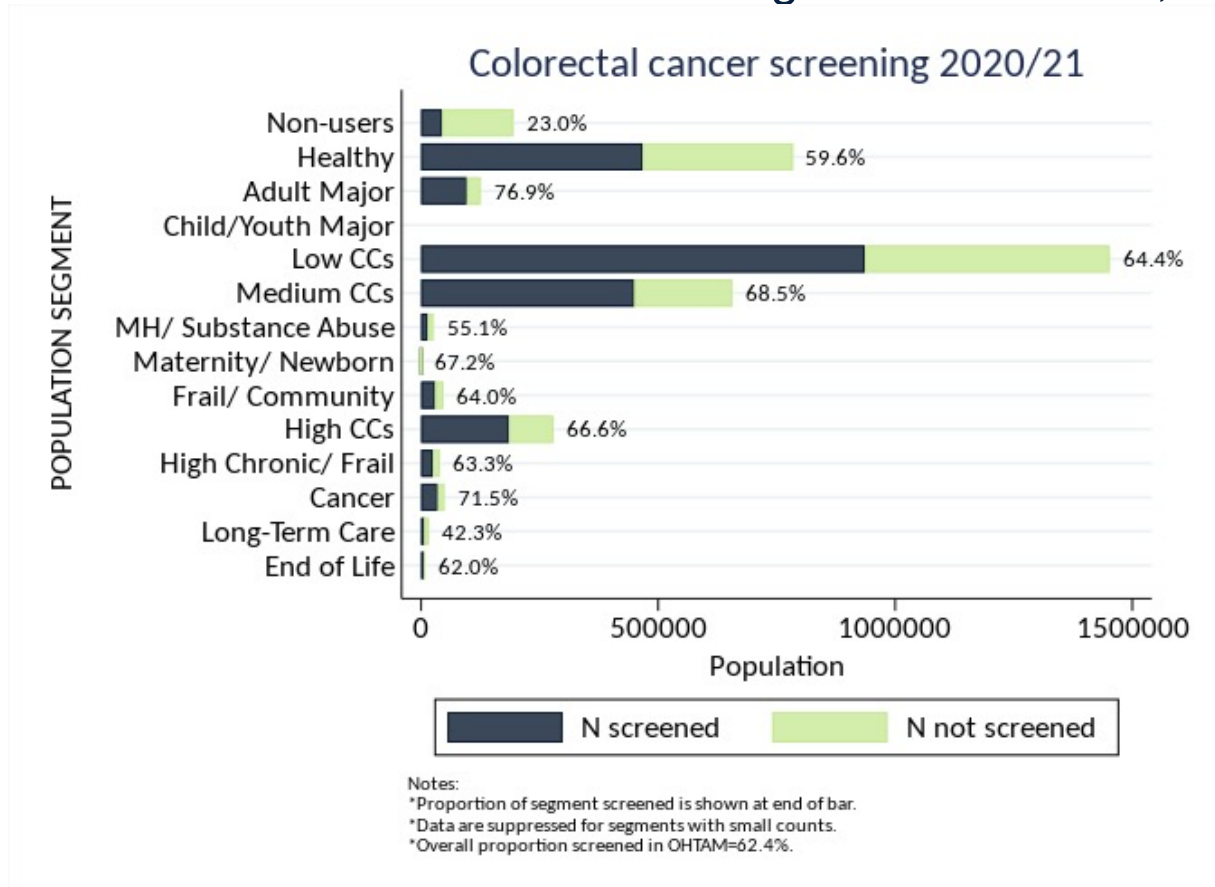
- blue bar represents number of individuals screened (x-axis);
- green indicates the number not screened;
- percentage to the right is the breast cancer screening rate

Number of women (23-69 yrs of age) across all Ontario OHTs not up-to-date with a screening Pap Smear as at March 31, 2021 by BC Matrix Segment



- cQIP cancer screening indicators are reported showing the total number of individuals in the bars:
- blue represent number of individuals screened;
 - green indicate number not screened;
 - percentage to the right is cervical cancer screening rate

Number of adults 52-74 yrs of age across all Ontario OHTs not up-to-date with a Colorectal Cancer screening as at March 31, 2021 by BC Matrix Segment



cQIP cancer screening indicators are reported showing the total number of individuals in the bars:

- blue bars represent number of individuals screened (x-axis);
- green indicate number not screened;
- percentage to the right is cervical cancer screening rate

Implications

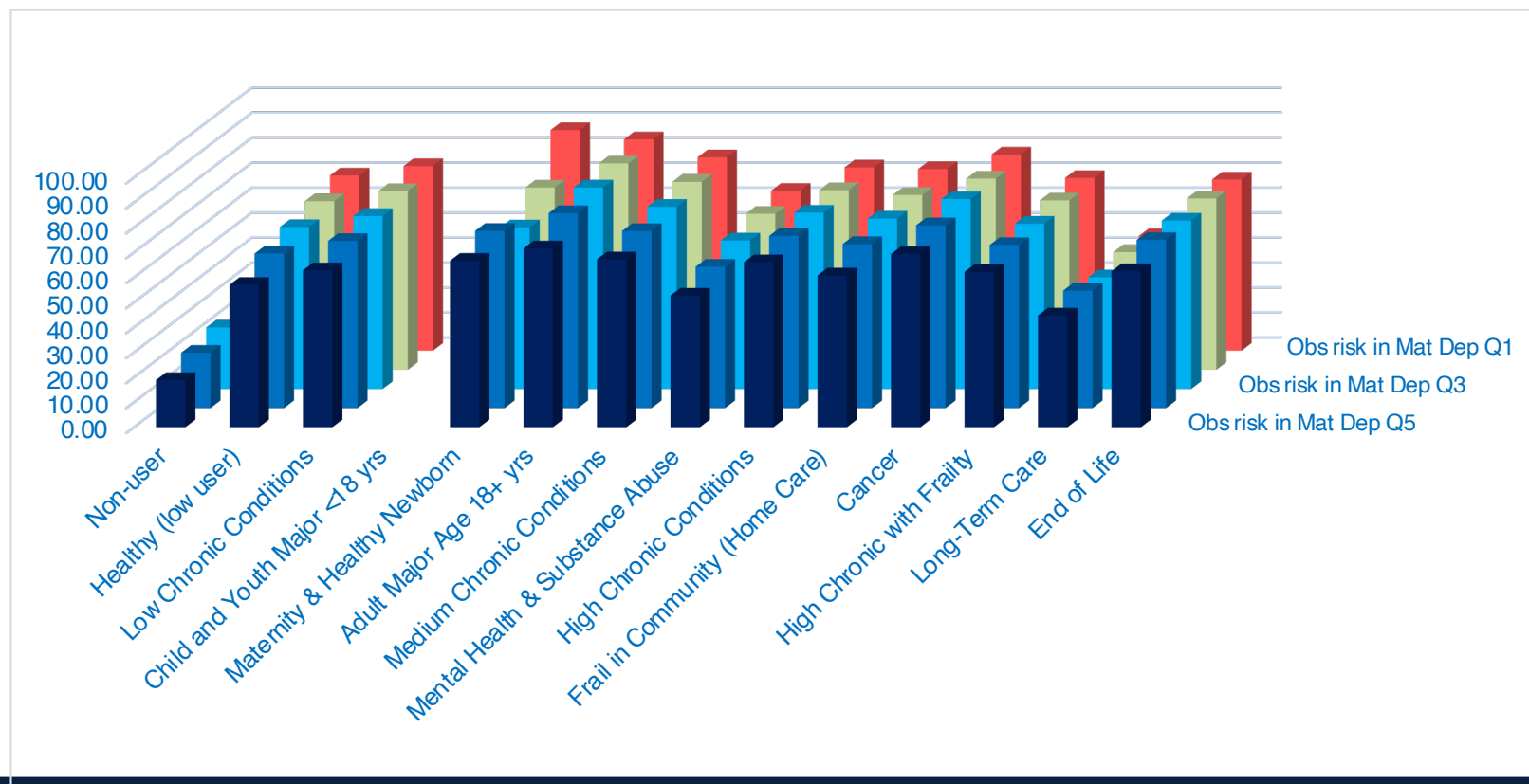
- ALC strategies must consider multiple populations including frail seniors in the community, those in Long Term Care and those who have palliative care needs at the end of life.
- Strategies to identify individuals with Mental Health and Addictions must consider those who tend to use relatively little health care services but also some who have Major Acute encounters in the health care system.
- Cancer screening strategies must pay particular attention to those with little to no contact with the health care system.

Sub-population segmentation: Think about equity

The next slide shows how OHT cQIP measures of cancer screening are related to Material Deprivation across population segments:

- In most population segments we see a notable gradient where those who live in the most deprived neighbourhoods have the lowest level of cancer screening and the screening rates go up as neighborhood deprivation decreases.
E.g. for Low Chronic Conditions Colorectal screening rates increase from 63% to 74%
- We use the Deprivation Score from the Ontario Marginalization Index.

Percent of adults 52-74 yrs of age across all Ontario OHTs not up-to-date with a Colorectal Cancer screening as at March 31, 2021 by BC Matrix Segment and Material Deprivation Quintile

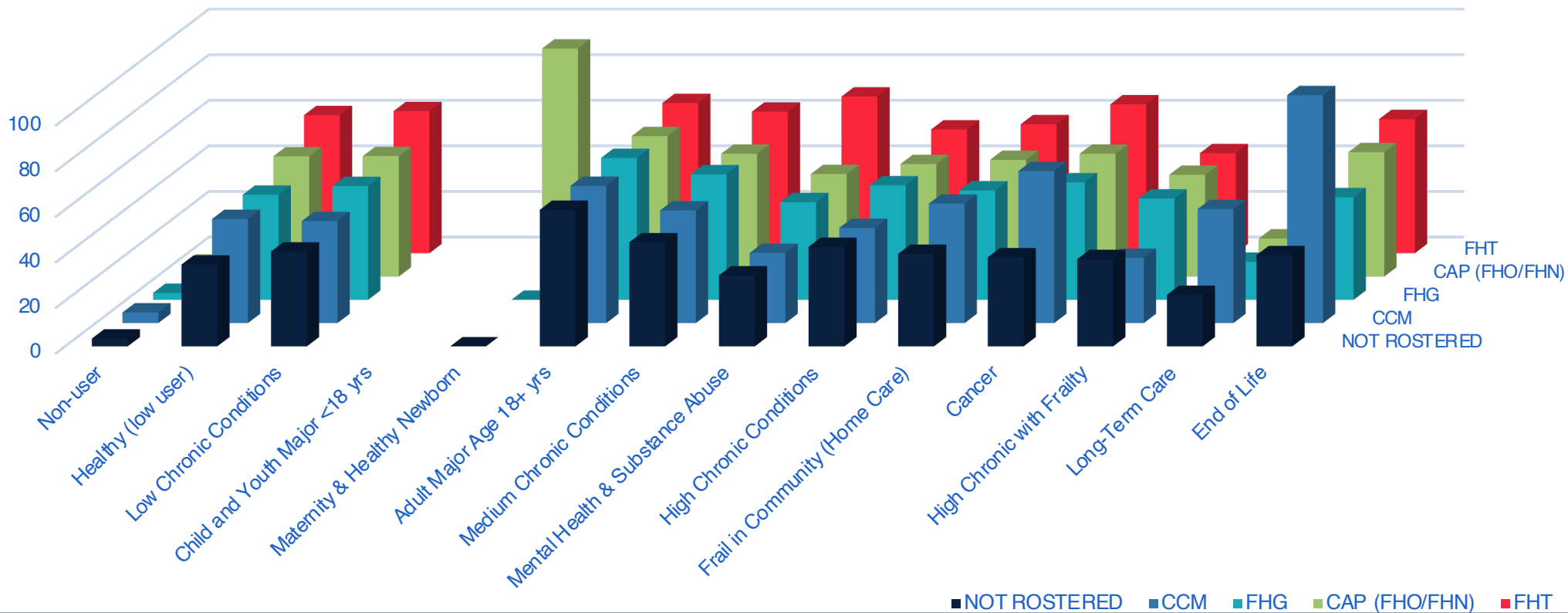


Sub-population: Think about primary care models

The next slides focus on your how OHT cQIP measures of cancer screening are related to (payment) models of primary care.

- In most population segments we see a notable gradient where those who are attached to Family Health Teams (FHTs) have higher rates of cancer screening than those in other capitation models which are higher than in blended payment or non-enrolled patients.
- E.g. for Mental Health/Substance Abuse segment, Breast cancer screening with Mammogram decreases from 69% in FHT to 31% among those rostered with Comprehensive Care Model only or not rostered to a primary care physician

Percent of women (52-69 yrs of age) who are up-to-date with a screening Mammogram as at March 31, 2021 by BC Matrix Segment and Physician Enrolment Model



■ NOT ROSTERED ■ CCM ■ FHG ■ CAP (FHO/FHN) ■ FHT

Implications

- Both in-reach and out-reach strategies must consider the barriers to access experienced by individuals living in geographies with high levels of deprivation.
- Strategies to reach patients in primary care practices that do not have rostered patients or are primarily Fee for Service with Comprehensive Care Model rostering are important. These practices have lower rates of screening and effective interventions have greater opportunity to increase overall OHT screening rates.

Share your thinking and questions about segmentation and how it applies to cQIP indicators. What are your ideas to address the cQIP indicators ?

Respond in the chat


Think about your opportunities for improvement

- Use examples from Ontario Health - Quality 'change ideas' to identify improvement opportunities for Alternate Level of Care (ALC), Mental Health and Addictions/Substance Abuse (MHA), Cancer screening.

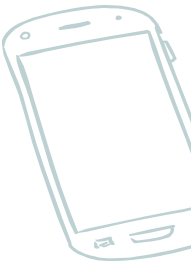
Resources available through Ontario Health's OHT cQIP
Community of Practice for 'change ideas'

Summary

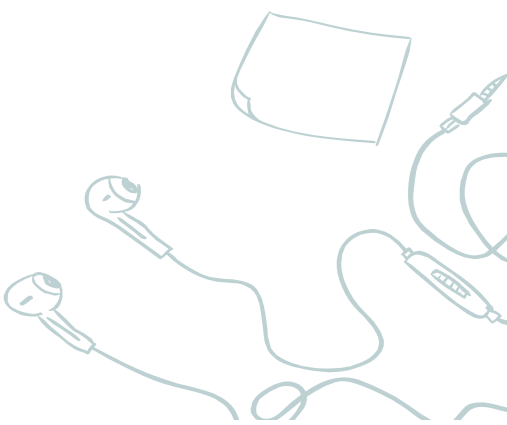

- Population segmentation into different ‘types’ of health care needs offers more refined information on which individuals require additional intervention to improve on cQIP (and other) indicators.
- Sub-population segmentation starts to drive more specifically at the different challenges faced by patients including socio-economic challenges and the advantages of attachment to interprofessional teams.



Examples to connect segmentation to care model co- design and quality improvement



Christina Clarke, BSc, MHA
RISE Population Health Management Coach
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January 25th 2022






Segmentation for population health management

- A process of understanding why the health of groups is not optimal
- Involves using data and knowledge to understand how systems, processes, medical care, and patient factors influence an outcome



The process of segmentation helps us...

- Challenges assumptions and act on data and knowledge
- Support planning to better match finite resources to needs
- Identify improvement opportunities
- Understand and account for variation in populations (e.g., who is not accounted for?)



“We're lost, but we're making good time.” — Yogi Berra



Principles for segmentation

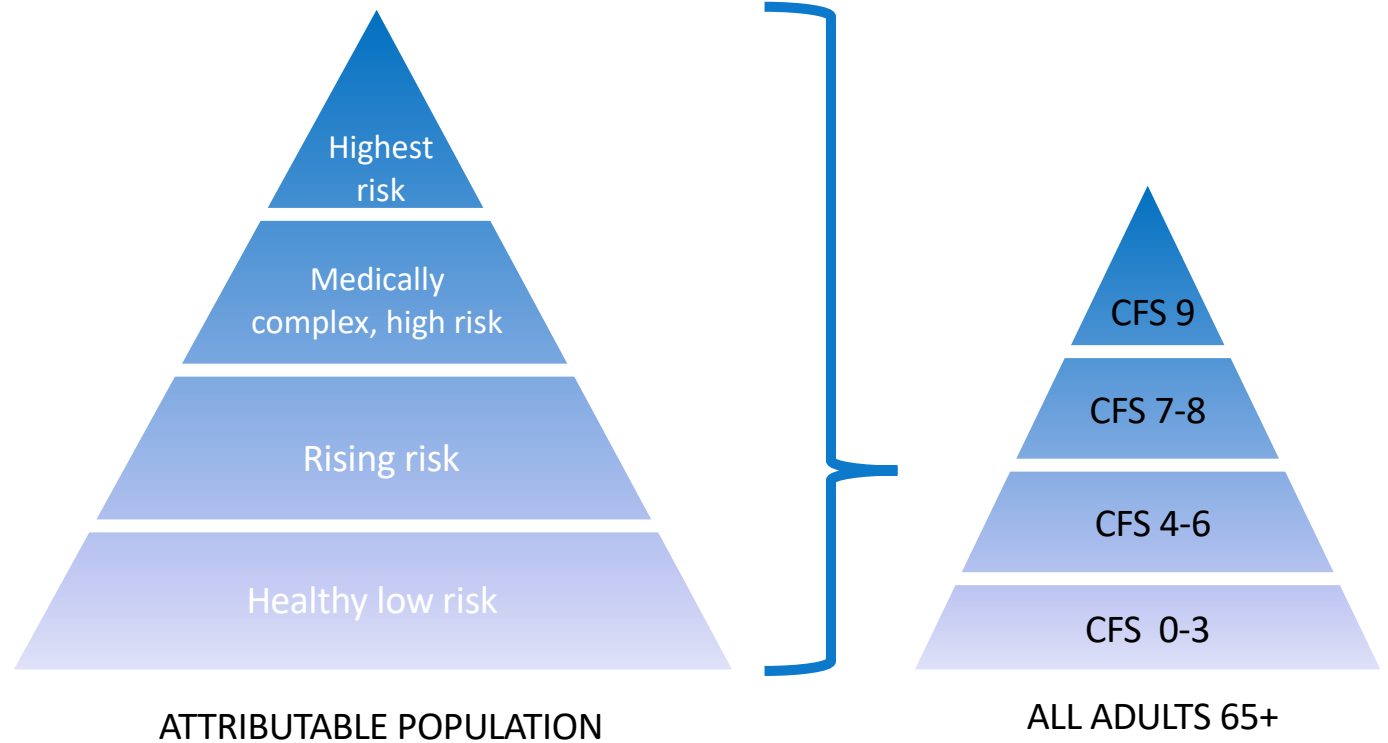
- Prioritize learning (about your population)
- Look for leverage points
- Start small, learn and grow
- Don't let perfect be the enemy of good enough
- Steal and share – repeat
- Segmentation is a process, not an outcome or end-point

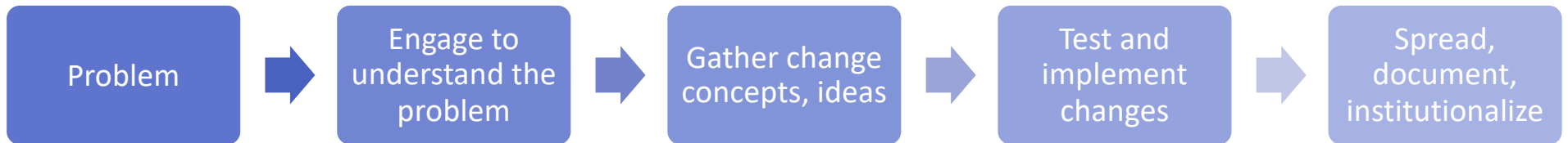


There's no single right way to do population segmentation

- Consider scope (whole population, sub-population)
- Consider what data you have available now?
- Segment based on what you already know
- Low tech (excel, care team review) or high tech (e.g., CIHI pop health grouper, Johns Hopkins ACG system, etc.)?

Example 1:
Focusing
on the frail
older adult
population
(65+)





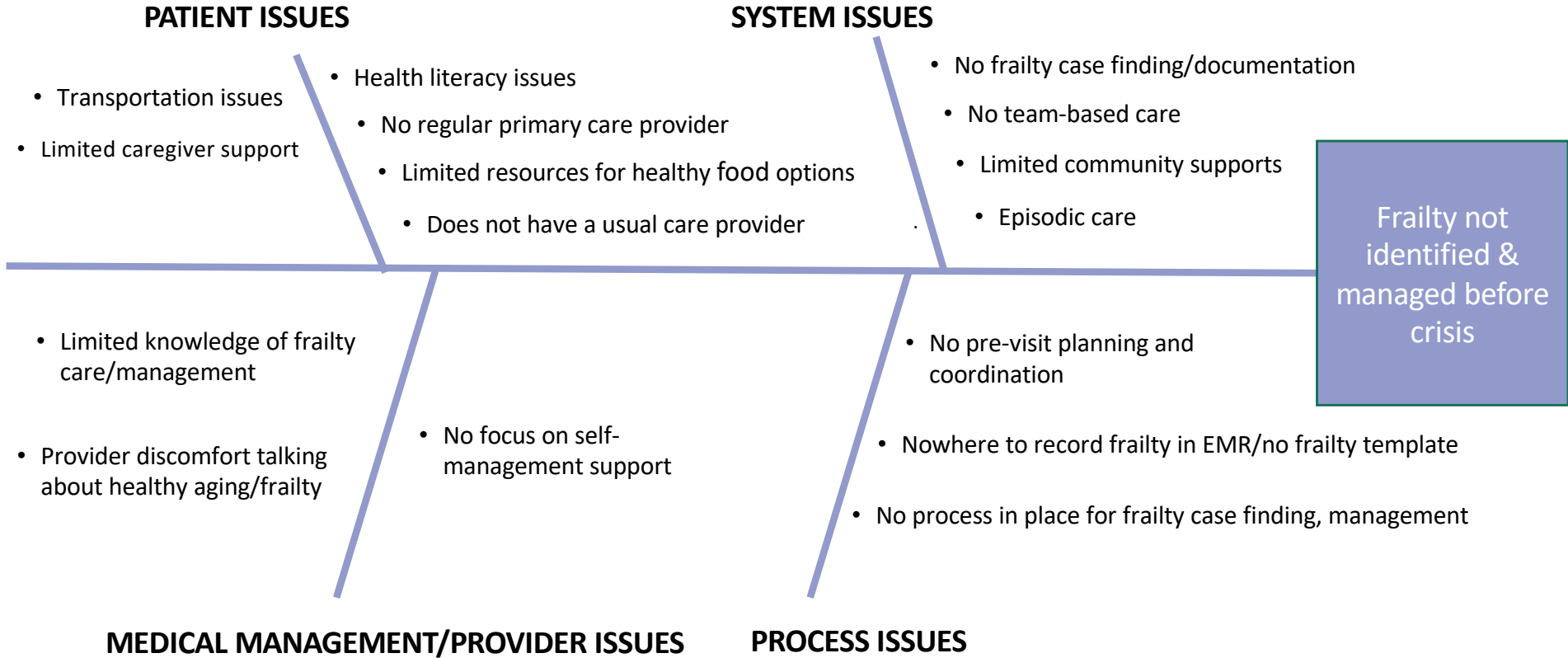
Frailty not identified or managed before crisis occurs

Validate with data/observation
 Fishbone diagram
 Process Mapping
 Pareto analysis
 Others

Best-practice
 Patient ideas
 Problem analysis
 Ontario Health - Quality 'change ideas

PDSAs
 Scale up PDSAs
 Implement

Fishbone diagram (root cause analysis)

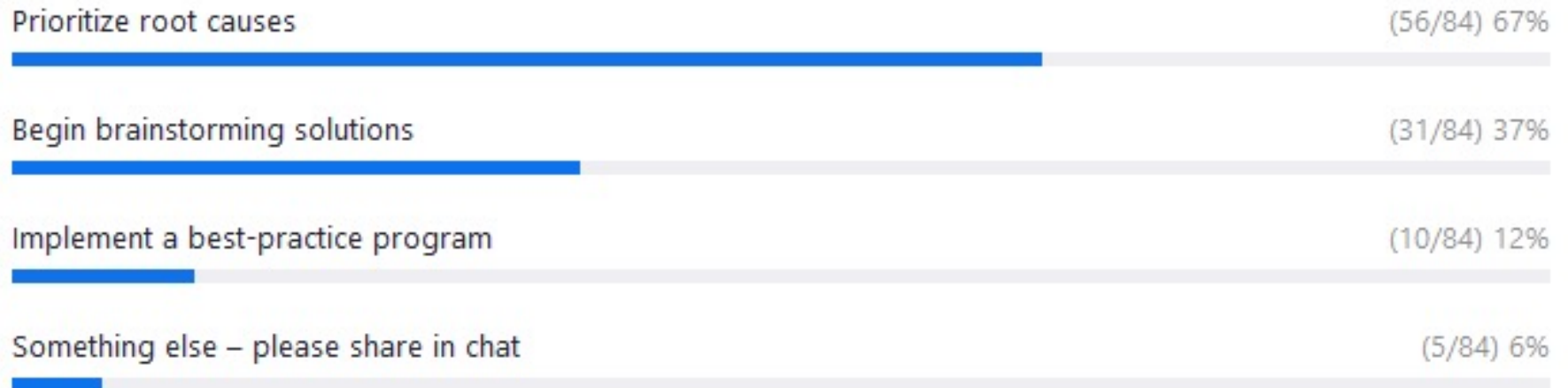


What are your next steps?

Poll ended | 1 question | 84 of 230 (36%) participated

1. What are your next steps? (Multiple Choice) *

84/84 (100%) answered



What tools or processes are you using for your segmentation work

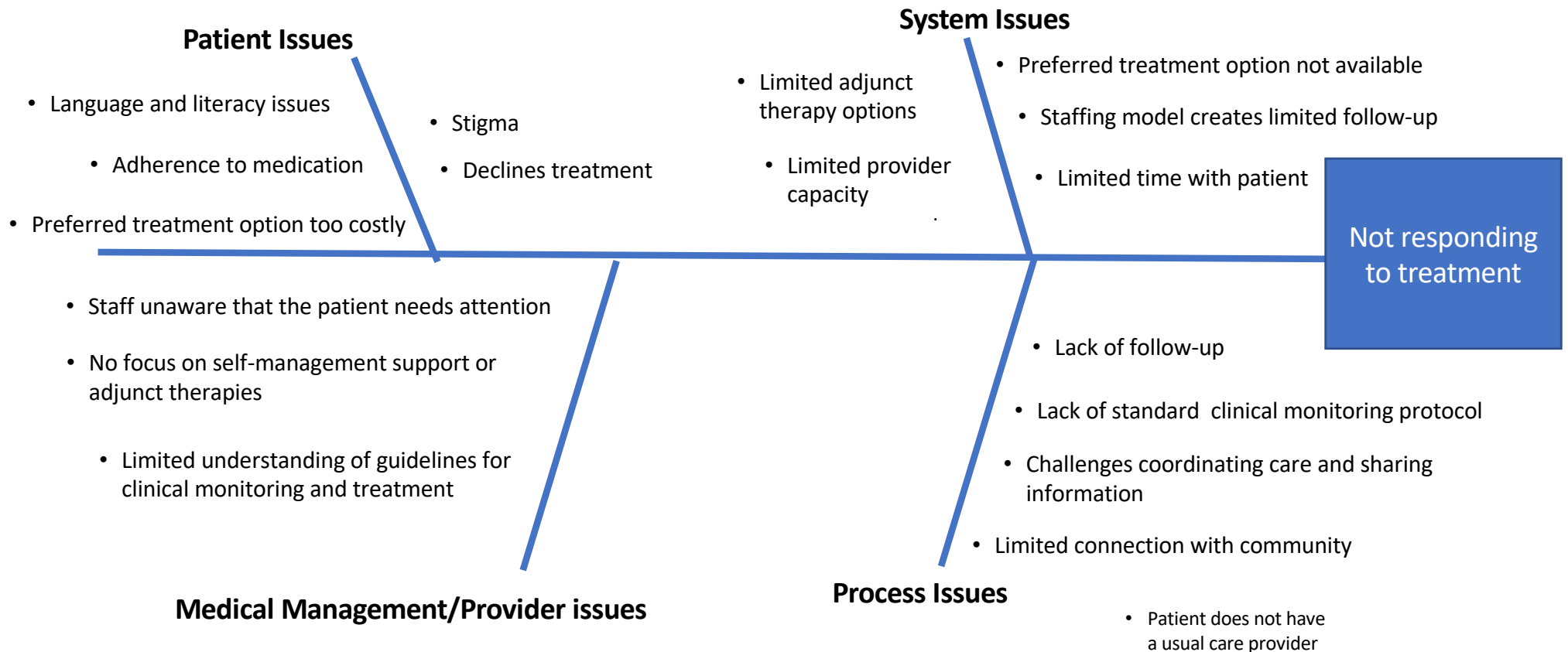
Poll ended | 1 question | 52 of 223 (23%) participated

1. What tools or processes are you using for your segmentation work? (Multiple Choice) *

52/52 (100%) answered



Moderate depression, not responding to treatment

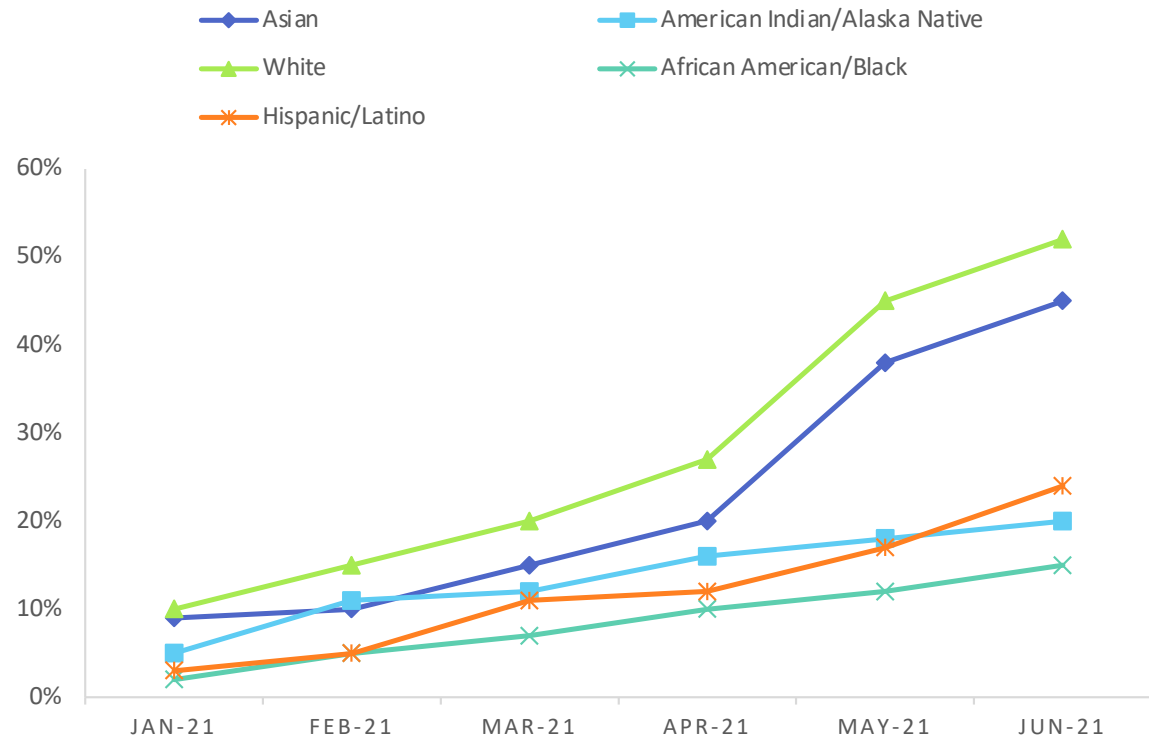


Please note, this is for discussion and illustration purposes only

Example 2:

Segmentation
by race to
look for gaps

VACCINATION RATES SEGMENTED BY RACE



Where are you in your segmentation efforts?

Poll ended | 1 question | 62 of 203 (30%) participated

1. Where are you in your segmentation efforts? (Single Choice) *

62/62 (100%) answered



How confident that you can segment any part of your population

Poll ended | 1 question | 77 of 204 (37%) participated

1. How confident are you that you can segment any part of your attributable population (Single Choice) *

77/77 (100%) answered





What would help to increase your confidence with segmentation?

Respond in chat.

Up Next:

HSPN Webinar Series

- 4th Tuesday of the Month: 12:00 – 1:30pm

Upcoming Topics:

- Series in Population Health Management
 - Segmentation: Examples in OHTs
 - Understanding chronic disease management (e.g. diabetes)
- Series in Learnings from OHT Development
 - Early learnings from OHTs in Developmental Evaluation
 - Organizing for Ontario Health Teams survey 2.0

Everyone is involved !

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<https://hspn.ca/evaluation/ontario-health-teams>

Thank you!