# QUALICO-PC in Canada, Australia, & New Zealand Recruitment, Responses, and Initial Cross Country Comparison

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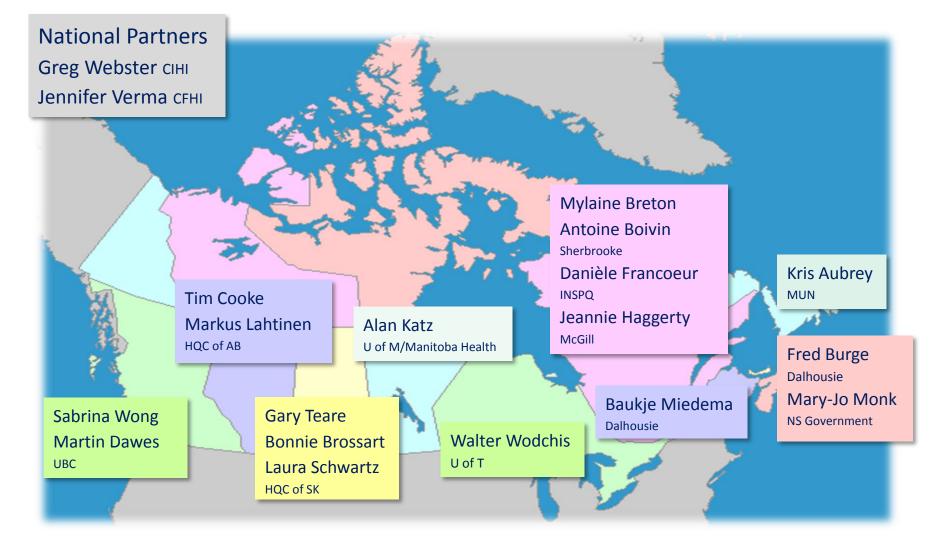
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### Canadian Arm Provincial Teams and Coordination



CPHCRIN CANADIAN PRIMARY HEALTH CARE RESEARCH & INNOVATION NETWORK RÉSEAU CANADIEN DE RECHERCHE ET INNOVATION EN SOINS DE SANTÉ PRIMAIRES

## **Other Provincial Partners**

- **BC** College of Family Physicians
- AB Health Quality Council; Medical Association; College of Family Physicians
- SK Health Quality Council; Medical Association
- MB Manitoba Health
- ON College of Family Physicians; Health System Performance Research Network (MOHLTC)
- QC Institut national de santé publique, Ministère de la Santé et Services sociaux du Quebec; Fédération des médecins omnipraticiens du Québec; Commissaire à la santé et au bien-être; Collège des médecins du Québec; Collège québécois des médecins de famille
- NB Department of Health
- PE Health PEI
- NS Government of Nova Scotia

## What will we talk about?

Introduction to QUALICO-PC Walter Wodchis Primary care practices Alan Katz Patient experiences Sabrina Wong Clinician view Fred Burge Decision-maker view Gary Teare Questions?

#### **Overall objective**

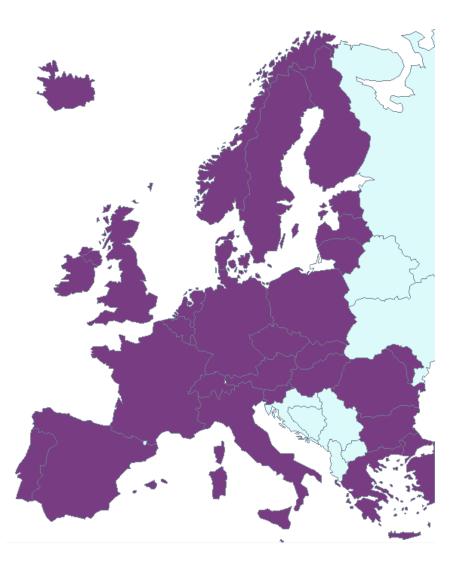
To evaluate primary care systems on quality, equity and costs

#### **Specific objectives**

To relate the way primary care is organized in a country to:

- How patients perceive the quality of primary care
- How providers deliver services (e.g. coordination, community orientation)
- Overall health care outcomes (quality, equity and costs)

## **QUALICO-PC Study: 34 countries**





#### 26 EU countries plus

Iceland Norway Switzerland Turkey FYRO Macedonia



#### **Outside of Europe**

Australia New Zealand Canada

## **Study Framework**



Financing, regulation, resources

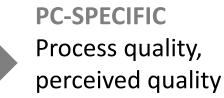
**SERVICES PROVISION** level

#### Tasks, activities, local organization

First contact care, scope of services, continuity of care, service integration, community orientation

GENERIC Equity, cost, efficiency

System goals





#### Responsiveness

Accessibility, patients' perceived quality of services, equity

## **Three Surveys**

**General Practitioners** (around 220 per country)

**Patients** visiting GP practices (10 per practice)

- (a) Patients' experiences
- (b) Patients' values

Result: Database on 7,000 GPs and 70,000 patients

• Also a short questionnaire on practice facilities

## **Recruitment in Canada**

Physicians who received letter, email, fax (via College, Medical Association) N= 480-11,000

Frequency of letters/emails/faxes sent N= 2-5

Contact attempts N= 3-20

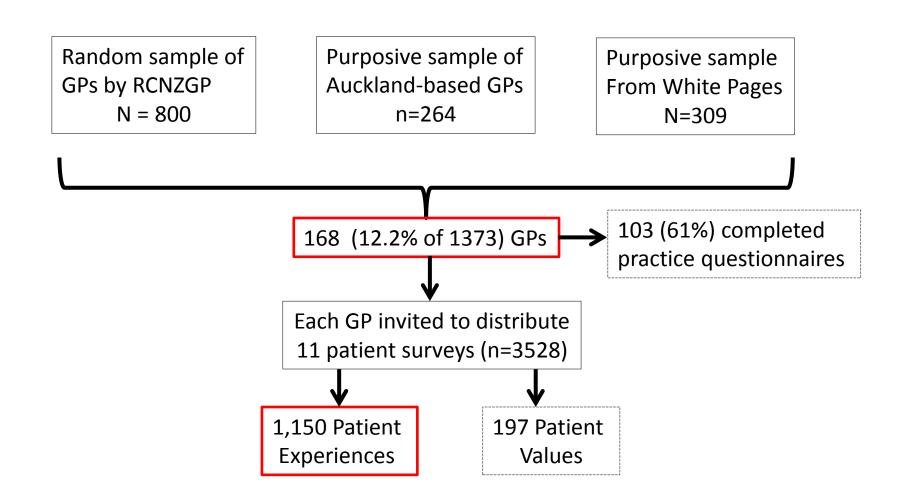
Response rate (practices who were sent surveys/practices who received recruitment letter, email, fax)

Range: 2%-16%

Cooperation rate (practices completing the survey/practices who were sent survey) Range: 57%-84%

\$200 honorarium for participation

## **Recruitment in NZ**



## **Recruitment in Australia**

Recruit source	Invites	# Valid GP responses	# GP practices completed fieldwork component	# Patient experience (PE) surveys completed	# Patient values (PV) surveys completed
Mail out 1	2,496	70	52	436	54
Mail out 2	716	103	81	727	84
Total	3,212	173	133	1190	138

## **Summary of valid responses**

	New Zealand	Australia	Canada
General practitioners	168	173	789
Patient experiences	1,150	1,190	7,239
Patient values	197	138	1,159
Practice survey	103	133	770

## **Primary care practices**

- Who are the providers?
- Characteristics of practices
- Disease management
- Quality improvement
- Service integration

## **Providers: Family physicians**

		Aust n=173 %	NZ n=168 %	Canada n=789 %
Gender	Female	36	38	50
Age	31-44 45-64 65+	16 75 9	14 80 6	<b>34</b> 58 8
Born in this country?	Yes	51	55	72
Self-employed or salaried?	Self- employed	78	81	90
Average hours worked per week		38 hrs	37 hrs	41 hrs

### **Practice characteristics**

		Aust	NZ	Canada
		%	%	%
Solo or	Group practice	87	99	81
group?				
Practice	Inner city	14	16	30
location	Suburbs	53	44	17
	Small town	12	17	19
	Mixed urban/rural	12	8	14
	Rural	9	15	19
Patients	Elderly	48	48	39
above	Disadvantaged	36	29	28
national	Ethnic minority	21	29	20
average				

### **Practice characteristics cont.**

	Aust	NZ	Canada
	%	%	%
Has: Practice nurse	83	98	54
Practice manager	74	74	58
<b>Open after 6pm</b> (at least once a week)	50	40	55
<b>Open weekends</b> (at least once a month)	75	43	39
Access within practice/centre to: Lab facilities	42	25	30
X-ray facilities	6	14	19

## **Quality measures**

	Aust	NZ	Canada
	%	%	%
Receive feedback:			
Prescriptions or referrals	60	93	12
Peer review by colleagues	31	72	18
Patient satisfaction	47	51	25

#### Use medical records for lists by:

Age	41	64	26
Diagnosis/risk factor	69	92	44
Medications	40	63	20
Reminders	73	87	31

## **Service integration**

	Aust	NZ	Canada
	%	%	%
(Almost) always received feedback from specialists	62	80	56
Receive hosp. discharge summary	35	65	13
within 4 days			
Meet > 1 per month			
Other GPs	82	87	87
Hospital specialists	17	9	37
Pharmacists	33	51	54
Home care nurse	12	22	23
Midwife	7	14	2
Social workers	4	8	32

## **Economic conditions of PC**

		Aust	NZ	Canada
		%	%	%
Receive financial	Management of pts w/ diabetes	91	63	68
incentive(yes)	Management of pts w/ hypertension	26	7	22
Achieving screening targets Referral rates below certain leve		77	66	28
	Referral rates below certain level	3	1	1
	Disadvantaged pts in practice	27	31	4
	Collaboration with other providers	n/a	n/a	21
Reduce financial obstacles for disadvantaged pts (yes)	Not charge pt (co-pay)	91	96	82
Pts delayed visits: financial costs	Occasionally	64	74	43

### **PC workforce development**

(Agree/ Strongly agree)	Aust	NZ	Canada
	%	%	%
Some parts of my work do not make sense	40	46	42
Work interests me as much as it ever did	90	91	92
Overloaded w/ unnecessary administrative detail	74	80	69
Too much stress in current job	36	47	45
Good balance between effort and reward	63	70	75

## **Comprehensiveness of PC services**

To what extent will pts in your	Aust	NZ	Canada
practice contact you first?	%	%	%
(Almost always/Usually)			
Child with hearing problem (8 yrs)	90	93	86
Man with chest pain (45 yrs)	76	93	72
Woman w/ deteriorating vision (60 yrs)	81	76	69
Woman w/ acute symptoms paralysis	63	82	42
Man with sprained ankle (35 yrs)	77	82	65
Anxious man (45 yrs)	86	92	93
Man with alcohol problems (52 yrs)	54	54	57



		Aust	NZ	Can
		%	%	%
Gender	Female	63	62	66
Age	18-44	33	21	33
	45-64	31	35	42
	65+	36	44	25
Health	Very Good / Good	68	77	74
	Fair / Poor	32	23	26
Chronic ill	Yes	58	63	55



## Patients' SES & level of education

		Aust	NZ	Can
		%	%	%
Perception of	Below average	27	26	20
household income	Average	57	51	58
	Above average	16	24	22
Level of education	<grade 12<="" th=""><th>9</th><th>19</th><th>10</th></grade>	9	19	10
	High school (grade 12)	39	31	32
	Post school qualifications (incl trade)	52	50	58



## Why did they visit the doctor?

Reason for visit	Aust	NZ	Can
	%	%	%
Feeling unwell	26	28	20
Medical check-up	37	30	28
Repeat prescription	23	41	22
Referral	13	4	6
Medical certificate	8	7	4
Second opinion	1	2	1
Doctor requested follow-up	n/a	n/a	26
Other	23	21	17

## How often do they visit a GP?



No. visits in last 6 months:	Aust %	NZ %	Can %
First time	10	13	15
Once before this visit	19	30	24
2-4 times before this visit	43	43	38
5+ before this visit	26	13	20



## What does the doctor know about you?

The doctor	Aust %	NZ %	Can %
Knows important info about my medical background	94	95	96
Knows about my living situation	76	80	81
Can also help with personal problems and worries	69	68	65
After this visit I feel I can cope better with my health problems	89	90	87

## Were you offered health advice?



	Aust	NZ	Can
	%	%	%
In the past 12 months has a GP from this practice talked to you about how to stay healthy?	71	68	73
In the past 2 years, has a GP from this practice asked about all the medications you take?	77	69	80



## Is access a problem?

$\sum_{i=1}^{n}$		Aust %	NZ %	Can %
Opening hours are too restricted		10	7	11
Too difficult to see a GP on evenings, nights and weekends		31	27	34
Too far away from where I live/work		6	5	7
Travel time from home	< 20 mins	81	81	67
	20 - 40 mins	15	17	26
	40 - 60 mins	2	1	5
	60+ mins	1	0.5	2



## How long did you have to wait?

		Aust	NZ	Can
		%	%	%
Wait time for this visit	0 days	21	29	13
	1 day	20	35	11
	2-7 days	36	32	34
	7+ days	16	3	33
Wait time at practice	< 15 mins	48	63	52
	15-30 mins	36	31	30
	30-60 mins	12	5	13
	45-60 mins	4	1	3

## Why did you defer an appointment?



In the past 12 months, did you defer a visit to a GP? If so, why?	Aust %	NZ %	Can %
Have you deferred a visit to a GP?	14	14	12
For financial reasons	16	27	4
Could not physically get there	23	11	19
Too busy	39	40	38
I could not get an appointment	n/a	n/a	16
Other	38	34	36

### **Effectiveness: Trust**



% who agree	Aust %	NZ %	Can %
Do you believe that in general people can be trusted?	68	78	75
Do you believe that in general doctors can be trusted?	94	99	99

