

# Adaptive Leadership Strategies for Integrated Care

Worksheet for adaptive leadership workshop led by Ross Baker et al.

1a. What **leadership challenges** does your team face in advancing integrated care?

*Brainstorm on your own and write your ideas here. Try to identify at least three challenges.*

(type answer here)

1b. Choose three issues from above and **briefly describe why they are challenging**. For each, **indicate whether the problem is adaptive, technical, or both**.

Issue	Why is this challenging? (What is the problem?)	Adaptive or Technical?*

\* Rate as follows: (1) purely adaptive; (2) mostly adaptive; (3) equal parts adaptive and technical; (4) mostly technical; (5) purely technical.

- In pairs**, reflect on your respective leadership challenges and why certain ones are adaptive. What are the obstacles to effectively addressing these challenges?

*Focus on adaptive challenges. What obstacles have you encountered? How did you respond?*

(type answer here)

- Share your reflections with the table.** Note similarities and differences. Have any of these challenges been effectively addressed? If so, what strategies were most helpful?

*How similar or different are your leadership challenges? What strategies have proven helpful?*

(type answer here)